



ONE HORIZON
holidays that change lives



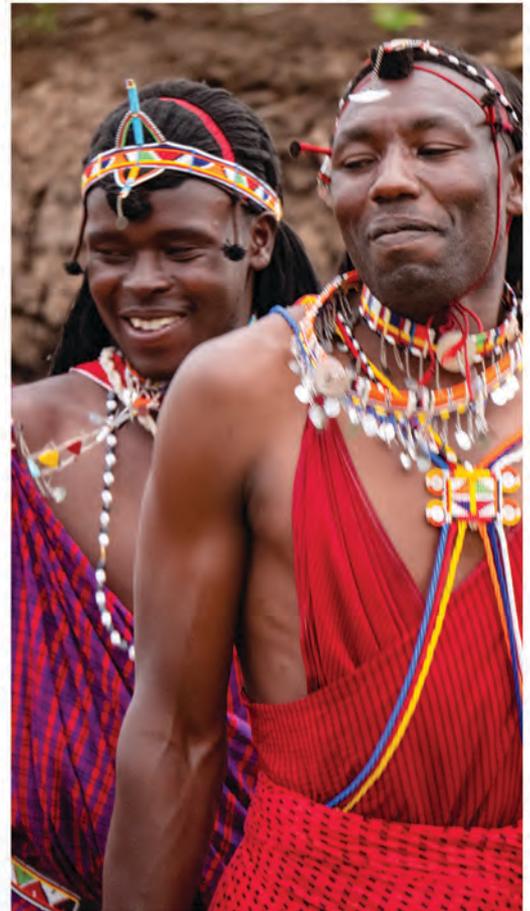
ONE HORIZON'S TOURS

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ONE HORIZON
holidays that change lives

SIGNATURE EXPERIENCES

2-6 Day Tours



All Things Maasai

Highlights

On this One Horizon 2-day cultural safari you visit a traditional Maasai village to engage with these amazing people who make up the colourful tapestry of tribal life in Kenya.

This interactive experience allows you to meet the infamous warriors, village elders and Maasai women, and take part in some of their daily activities to learn about their traditional way of life that has not changed for centuries. You will be invited to become an honorary member of the Maasai, and learn how to throw a warrior's spear, create decorative jewellery, and join in their vibrant singing and dancing.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$1,060
per adult

\$530 per person
(7-16 years)

Free
(≤ 6 years)

2 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Become an Honorary Maasai

Begin the day with a drive into the magnificent Maasai heartland where you will be met by one of the Maasai village elders, Daniel. He will take you on a tour to explain how the Maasai have managed these precious lands for centuries, and you watch the daily cattle drive and learn about some of the local plants used to make medicinal remedies. Then sit down with some young Maasai warriors, or morans, who describe various aspects of their fascinating rites of passage, and who will teach you how to throw a traditional spear or even how to climb an acacia thorn tree in the event there is danger from predators in the bush. In the afternoon you will spend some time with the Maasai women of the village who will show you the techniques of weaving the frame of a new manyatta – a traditional Maasai homestead.



Day 2

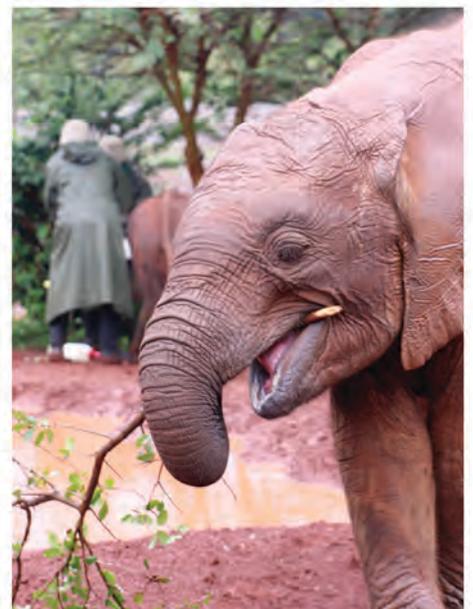
Maasai Life in Focus

Begin the day back at the village by learning the traditional Maasai welcome with singing and dancing, which might include the extraordinary jumping dance, or 'adumu' which is how Maasai warriors demonstrate their prowess. Your host for the day has 52 siblings and his father has 6 wives; a starkly different kind of community structure to the one we are familiar with. Use the time to get to know your host and ask the questions you might have, and enjoy the humour and warm nature of the villagers as you discover that they are just as interested in your life as you are in theirs. After a traditional Maasai lunch, you enjoy some more dance lessons and sit with the women to learn how to make some traditional beaded jewellery, and then head out to help some of the community members finish the manyatta build.



One Horizon Team Dinner

On the evening of Day 1, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Family Ties

Highlights

The One Horizon 2-day Family Ties cultural tour is a rare opportunity to visit families in their homes from two different Kenyan ethnic groups – the Maasai and the Kikuyu.

You'll also see how Kenyan families are merging their traditional culture with contemporary ways to build new, bright and sustainable futures. You'll be warmly welcomed into a Maasai village and your hosts will show their age-old way of life and rites of passage.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$1,060
per adult

\$530 per person
(7-16 years)

Free
(≤ 6 years)

2 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Maasai Family Ties

Today you drive to an authentic Maasai village on the outskirts of Nairobi where you spend the day with the men, women and children, and one of the elders, Daniel, will take you on a tour to explain how the Maasai have managed these precious lands for centuries. Spend time with Maasai mothers and help them build a new manyatta – a traditional Maasai homestead, while Maasai warriors will teach ancient skills such as spear-throwing and how to use local plants to make medicinal remedies, and will invite you to join them as they herd their cattle. In the afternoon the women will share their stories as they help you make your own piece of traditional beautifully-crafted beaded Maasai jewellery. You will discover that they are just as interested in your life as you are in theirs, as you join in the singing and dancing, and share the humour and warm nature of the villagers.



Day 2

Kikuyu Family Ties

There are many grandmother-headed households in Kenya that care for a number of generations, and today you are hosted by gracious grandmother Helen at her rural home, who will introduce you to her large Kikuyu family. She will show you around her innovative pig farm, and you can pitch in with the chores if you'd like to. This is a project supported by One Horizon as an initiative to improve the livelihoods of grandmothers by economically empowering them through small-scale farming. Helen earns a sustainable income from the pigs, while the bio-gas system from the waste powers her home. You also help to cook a traditional Kenyan lunch and share it with some of the other grandmothers in the community. Enjoy some joyful singing and dancing, and you will be inspired by listening to their powerful stories of life, change and progress and how the program has helped keep their families together.



One Horizon Team Dinner

On the evening of Day 1, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Heroes and Heroines of Kenya

Highlights

This unique 3-day community and cultural safari will take you on insightful visits to two of the sustainable projects that One Horizon supports in Nairobi, and then into the traditional Maasai heartland to meet members of this fascinating tribe.

You will team up with social workers dedicated to improving the life of Kenyan people at both a women's vocational & lifestyle training centre and a farm project to help grandmother - headed households.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$1,590
per adult

\$795 per person
(7-16 years)

Free
(≤ 6 years)

3 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

The Inspirations of One Woman

Today we drive to a developing area in the west of Nairobi and visit the Women's Empowerment Centre, which is one of the worthwhile projects One Horizon supports. It was started by Mary a social worker, who developed a program to help struggling mothers undertake vocational and lifestyle training and get access to micro finance to open small businesses. The results have been phenomenal as the mothers are able to lift themselves out of poverty and transform into independent business owners and community leaders, and crucially support and keep their families together. Spend time with Mary to learn about her vision for the centre while you get the opportunity to meet some of the proud and self-sufficient women involved in the inspirational program.



Day 2

New Beginnings for Grandmas

There are many grandmother-headed households in Kenya who care for their grandchildren among other generations of their family in difficult economic circumstances. You will visit a pig farm owned by one grandmother where she proudly explains pig-husbandry and how her bio-gas system powers her home. This is another project that One Horizon supports, and the initiative aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Then sit down with the grandmothers while they cook traditional meals for their families and narrate their wonderful stories of life, change and progress.



Day 3

The Maasai Rites of Passage

Spend an amazing day with the warriors and women of a traditional Maasai village. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Venture into the bush with her son, who will explain what it's like being a young warrior in Maasai society, and join other men who are training for their rite of passage as they explain how they will go into the hills to complete qualifying tasks before they reach the circumcision ceremony. Take part in the challenge as they show you how to throw a spear and climb an acacia tree in lightning speed. Sit with the villagers as they share their stories of their fascinating culture with you while the women teach you how to make some traditional decorative beaded jewellery.

One Horizon Team Dinner

On the evening of Day 2, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Together We Can

Highlights

On this 4-day One Horizon cultural exchange, join us for the opportunity to visit four grassroots Kenyan communities that tourists rarely have a chance to genuinely engage with.

Take an active role in helping at some of the projects One Horizon supports, and meet the people who are coming together and bringing change to their social and economic welfare. Donate your time in a local soup kitchen, meet the strong and courageous women at a vocation and lifestyle training centre, and be inspired by some entrepreneurial Kenyan grandmothers.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$2,120
per adult

\$1,060 per person
(7-16 years)

Free
(≤ 6 years)

4 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.



Day 2

They Said It Can't Be Done

Spend an incredible day with some amazing Kenyan women who have managed to overcome the most difficult challenges that life can bring. You will visit the Women's Empowerment Centre where local women in the area undertake an 18-month program that teaches them lifestyle, trade and entrepreneurial skills so they can set up their own businesses. The experience of meeting these determined and resourceful women will allow you to walk away with a new perspective on how teaching empowerment and skills can lift people out of poverty to support and keep families together.



Day 3

Grandmothers Love Their Pigs

Today you will visit another local community to meet some of the endearing and entrepreneurial Kenyan grandmothers who play a vital role in raising their grandchildren and providing a home and meals to many generations in their family. Visit a local grandmother's pig farm and discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. Sit with the grandmothers and listen to their powerful stories of how they broke the cycle of poverty in between some joyful singing and dancing and a cup of local tea, and on this inspirational day you learn how resilient people can be.

Day 4

Become a Maasai for the Day

Venture into rural Maasai country where you will meet a family and immerse yourself in the midst of the daily hustle and bustle of Maasai village life. Your host will be one of the village elders, an heir to his clan, and you meet his wife and children too. The male children of the family are young morans, the traditional defenders of the tribe. Learn about their traditional rites of passage while also discovering the intricacies of the Maasai family structure. An amazing day where you will get the chance to become an honorary Maasai, learn how to throw a traditional spear and the techniques needed to survive in the bush.

One Horizon Team Dinner

On days 1 and 3 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





It's Happening Now

Highlights

On this 5-day tour we invite you to become involved in the sustainability programs that One Horizon supports, which are helping Kenya's most vulnerable people step away from poverty and towards brighter futures.

You visit a children's feeding centre, an innovative city farm, and a women's empowerment project, where you'll have the opportunity to meet and engage with project leaders and various members of the communities who are making wonderful progress in creating a better life for all.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$2,650
per adult

\$1,325 per person
(7-16 years)

Free
(≤ 6 years)

5 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.



Day 2

They Said It Can't Be Done

In a developing area to the west of Nairobi, visit the Women's Empowerment Centre, which is another worthwhile project One Horizon supports. Here, local women in the area undertake an 18-month program that teaches them trade and entrepreneurial skills so they can set up their own businesses. The results have been phenomenal as the mothers are able to lift themselves out of poverty, keep their families together and transform into independent business owners and community leaders. You meet and learn from some of the proud, self-sufficient women who are involved in this inspirational program.

Day 3

The Hippos of Lake Naivasha

Today drive west of Nairobi to Lake Naivasha, Kenya's most beautiful freshwater lake surrounded by peaceful grassy banks and fringed by thick papyrus. Along the way, stop at a roadside lookout for the stunning views over Kenya's Great Rift Valley, and arrive at a lovely lakeside lodge in huge grounds studded with acacia trees and perhaps spot the odd antelope or vervet monkey. Catch a small boat to view the pods of hippos and abundant birdlife that Naivasha is so famous for, then back at the lodge enjoy a delicious leisurely lunch and relaxing swim in the pool before returning to Nairobi in the late afternoon.



Day 4

Grandmothers Love Their Pigs

Kenyan grandmothers play a vital role in keeping families together in difficult economic circumstances. Visit a local grandmother's pig farm and discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. This is another worthwhile project that One Horizon supports, and the initiative aims to empower grandmothers through small-scale farming. Sit with them over a cup of local tea and enjoy some joyful singing and dancing and listen to their powerful stories about resilience.

Day 5

Become a Maasai for the Day

Spend an amazing day as an honorary Maasai by visiting a family in their village who have lived the traditional Maasai way of life for generations. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Learn about traditional rites of passage from the male children of the family, or young morans, who will teach you how to throw a traditional spear and the techniques needed to survive in the bush, and listen to fascinating folklore stories told by Maasai elders.

One Horizon Team Dinners

On days 2 and 4 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.



Insights of Life

Highlights

This eye-opening One Horizon 6-day cultural safari gives travellers the opportunity to meet Kenyans from various walks of life and hear their inspirational stories.

At some of the worthwhile projects One Horizon supports, you'll see that it's possible for people to gain the strength and courage to break free from poverty. Give the gift of time at a soup kitchen to feed hungry children, meet the steadfast grandmothers who run enterprises to support the younger generations, and see how a vocational training project empowers women and keeps families together.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$3,180
per adult

\$1,590^{per person}
(7-16 years)

Free
(≤ 6 years)

6 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.

Day 2

They Said It Can't Be Done

Today you visit the Women's Empowerment Centre, another project supported by One Horizon, where local women undertake an 18-month program that teaches them trade and entrepreneurial skills so they can set up their own business to support their families. Spend an inspirational day with these proud, self-sufficient women and gain a better understanding of how they have been able to overcome difficult challenges and transform into independent business owners and community leaders.

Day 3

The Hippos of Lake Naivasha

Today drive west of Nairobi to Lake Naivasha, Kenya's most beautiful freshwater lake surrounded by peaceful grassy banks and fringed by thick papyrus. Along the way, stop at a roadside lookout for the stunning views over Kenya's Great Rift Valley, and arrive at a lovely lakeside lodge in huge grounds studded with acacia trees and perhaps spot the odd antelope or vervet monkey. Catch a small boat to view the pods of hippos and abundant birdlife that Naivasha is so famous for, then back at the lodge enjoy a delicious leisurely lunch and relaxing swim in the pool before returning to Nairobi in the late afternoon.

Day 4

Grandmothers Love Their Pigs

Today you will visit another local community to meet some of the endearing and entrepreneurial Kenyan grandmothers who play a vital role in keeping Kenyan families together. Discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. This is another worthwhile project that One Horizon supports, and the initiative aims to empower grandmothers through small-scale farming. Sit with them over a cup of local tea and enjoy some joyful singing and dancing and listen to their powerful stories about resilience.

Day 5

Become a Maasai for the Day

Spend an amazing day with the warriors and women of a traditional Maasai village. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Venture into the bush with her son, who will explain what it's like being a young warrior in Maasai society, sit with the elders as they share their stories of their fascinating culture, and learn from the women how to make some traditional decorative beaded jewellery.

Day 6

A Great Way to End the Week

Your final day will be spent relaxing at leisure, giving you the opportunity to reflect on the amazing experiences over the past few days as you fondly remember the warm and welcoming, and fascinating and inspirational Kenyan people you have met and connected with. A mid-morning pickup takes you to the restaurant at the Karen Blixen Coffee Garden for a delicious lunch in the pretty gardens to celebrate the end of your 6-day tour, before you make your way to the airport to catch your flight.



One Horizon Team Dinner

On days 1, 3 and 5 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.



ONE HORIZON
holidays that change lives

SIGNATURE EXPERIENCES

1 Day Tours



Maasai Magic

Highlights

This One Horizon day tour is a magical opportunity to connect with Kenya's proud Maasai people in an authentic and interactive way by becoming part of the hustle and bustle of Maasai village life.

Having maintained a semi-nomadic way of life on their communal lands for centuries, the Maasai are well-known for their distinctive dress, valued customs and unique social and family structures, which include rites of passage and revered respect for elders.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$265
per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Live one day the Maasai way

From Nairobi, drive into the rural Maasai heartland where one of the elders will take you on a tour to explain how the Maasai manage these precious lands.

You learn about their tribal values, native herbs and plants that are used for medicinal remedies, the importance the Maasai place on their natural resources like land and water, and help herd the cattle, which is their most sacred and treasured possession. A warm song and dance welcome awaits you at the village, and the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. You'll also be invited to help out the women and learn their skills of constructing a new manyatta—a traditional Maasai homestead.



Time for lunch when you join the Maasai mothers to cook up a traditional Kenyan meal over an open-fire, and they'll share stories as they show you how to create your own piece of highly-decorative Maasai beaded jewellery. Then meet the young Maasai warriors, or morans, who explain their rites of passage as they become warriors, the defenders of the tribe. They teach you how to throw a traditional spear, climb speedily up an acacia tree in the event there are predators in the bush, or even the extraordinary jumping dance, or 'adumu' which is how they demonstrate their prowess.

Your hosts impart the knowledge of their ancient ways and are just as interested in your life as you are in theirs. This is why we call it Maasai Magic because we're constantly astonished by the magical moments that unfold as our guests and the villagers connect throughout the day.



Go Granny Go!

Highlights

On this enlightening One Horizon day tour, you meet some endearing and entrepreneurial grandmothers who are beating their generational cycle of poverty.

Many Kenyan grandmothers play a vital role in raising their grandchildren and extended families, and you'll visit a pig farm, which is a project supported by One Horizon to improve the livelihoods of grandmothers by empowering them through small-scale farming. They invite you to assist with farming activities, help cook a traditional meal, and by sharing lots of laughter and listening to their inspirational stories, you'll get a real insight into the strength and resilience of these remarkable Kenyan women.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$265
per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Help a grandma become a pig farmer

We drive you to a Kikuyu village on the outskirts of Nairobi, where Kenyan grandmas are often responsible for raising their grandchildren and others in their family when parents can no longer look after them.

Sometimes up to 20 family members live in a grandmother's one-room corrugated iron home, and the financial constraints are extremely challenging. But thanks to a pig-farming small business program supported by One Horizon and the involvement of travellers like yourself, the grandmas earn a sustainable source of income from pig-husbandry to feed their families, while the bio-gas system creates energy out of the waste



to power their homes which means that the family no longer has to cut down trees for cooking and heating purposes.

You meet the community's warm and welcoming grandmothers, be shown around a pig farm and pitch in with the chores if you like, join in some joyful singing and dancing over a cup of local tea or chai, help cook lunch of beans and ugali (a maize flour dish eaten across East Africa), or learn how to make a chapati (soft layered bread). Your tour fees and visit support their training, as well as veterinary care and feed for the pigs, and this is a rare opportunity to support a grassroots social enterprise. The grandmothers narrate their powerful stories about how the program has helped them run a sustainable business that keeps their families together, and you learn how resilient people can be. The future of our grandmothers is as bright as their engaging personalities.



Empowering Mothers

Highlights

This immersive One Horizon tour is an uplifting day spent with an inspirational group of Kenyan single mothers who are breaking free from the cycle of poverty and forging a brighter future to be able to support their families.

You'll visit a women's vocational and lifestyle training centre on the outskirts of Nairobi, which is a hive of activity as the women are busy sewing, making candles, beading jewellery, and studying entrepreneurial skills to start their own small businesses. As you connect with the women on a personal level they'll share their stories that will give you a deep insight into Kenyan culture, traditions and extended family relationships.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
(25 Dec 2022 to 31 Dec 2022)

\$265
per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Kenyan women turning their lives around

We drive you to a developing area in Ngong to the west of Nairobi, and take in sights such as the eclectic Ngong Road markets where you can buy anything and everything.

Then you visit the Women's Empowerment Centre, where One Horizon supports an 18-month program to help struggling mothers undertake skills training and get access to microfinance to open small businesses. Not so long ago these marginalised women had very little hope, few resources, and no support, and many are HIV-positive and have suffered discrimination and been ostracized by their own husbands and families and were forced into homelessness.



But with the support of One Horizon, and the travellers who visit them, the centre helps them get back on their feet by providing rent-free housing and vocational training, as well as lifestyle skills that focus on building confidence and rejuvenating body and soul. They become independent as small business owners – perhaps as a seamstress, or a pig or chicken farmer – and crucially, are able to feed, financially support, and keep their families together.

The women's inspirational stories will teach you about family life in Kenya, the practice of marrying multiple spouses, the dynamics of being a single parent, and the relationship between Kenyan mothers and their children. You will walk away from the experience of meeting these determined and resourceful women, with much admiration and a new perspective on how teaching empowerment skills can lift people out of poverty.



Future Leaders of Kenya – The Next Gen

Highlights

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for socially responsible travellers to 'give something back'.

On this One Horizon day tour you visit a children's feeding centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness first-hand how communities work together to help the hungry and most vulnerable.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$265
per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

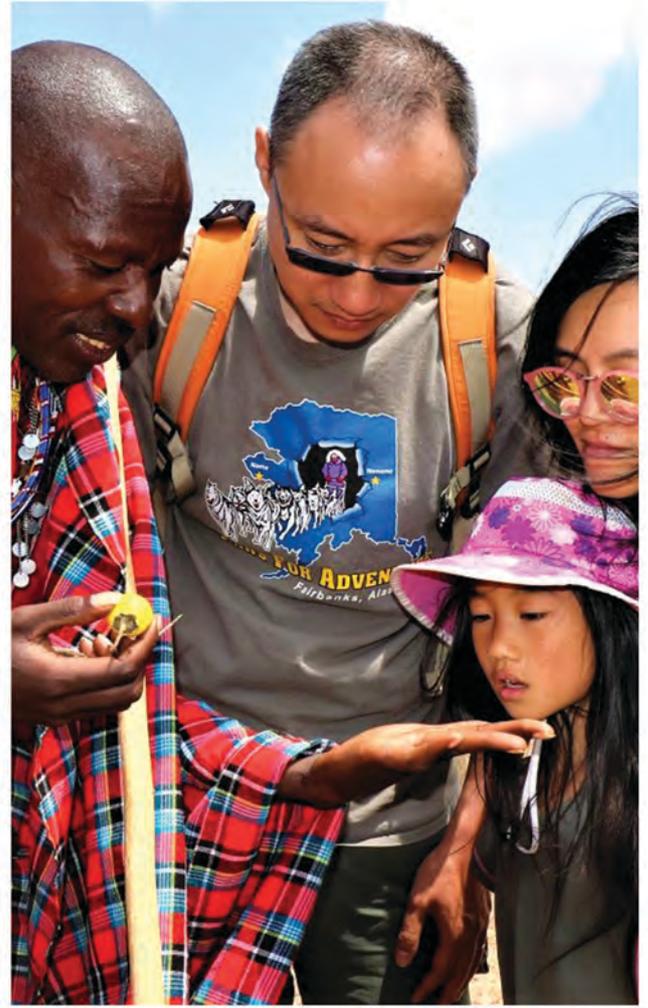
Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

A sustainable program for Kenyan families

While there are many wealthy areas in Nairobi, other districts are home to low-income and disadvantaged families and children, and the grinding poverty they endure is very challenging and bad for their health.

Through our relationship with the Social Services and Housing Department of the Nairobi City County, One Horizon initiates sustainable development programs in needy communities, and today you will help to prepare and serve a hearty and nutritious Kenyan lunch at a children's feeding centre or 'soup kitchen'.



We provide humanitarian teams to work alongside the Kenyans who take ownership of these programs and you'll stand shoulder to shoulder with the Kenyans who warmly welcome you into their community.

You will have a fun and energetic day filled with children's laughter, and you will pitch in with the chores like peeling and chopping fresh fruit and vegetables and cooking lunch of beans and ugali (a maize flour dish eaten across East Africa). You'll share the lunch with the kids and have the opportunity to talk to them about their schooling and lifestyles, and you'll discover that they are just interested about you as you are about them. This is a uniquely personal hands-on experience and travellers meet a grassroots community that they would never typically interact with on a Kenyan holiday. And it is immensely satisfying to know that by donating your tour fees and precious time, you are part of alleviating the problems of poverty in Kenya.



Light On The Horizon

Highlights

On this energetic One Horizon day tour, we combine visits to two of Nairobi's best-known wildlife conservation centres with a small-scale farming program that is changing the lives of Kenyan grandmothers.

You get up-close to giraffes from a raised walkway at the Giraffe Centre, which has been instrumental in saving the Rothschild giraffe from extinction, and watch adorable baby elephants and hear about the complex process of returning them to the wild at the Sheldrick Wildlife Trust, the most successful elephant rehabilitation program in the world.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

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per adult

\$132.50 per person
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Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

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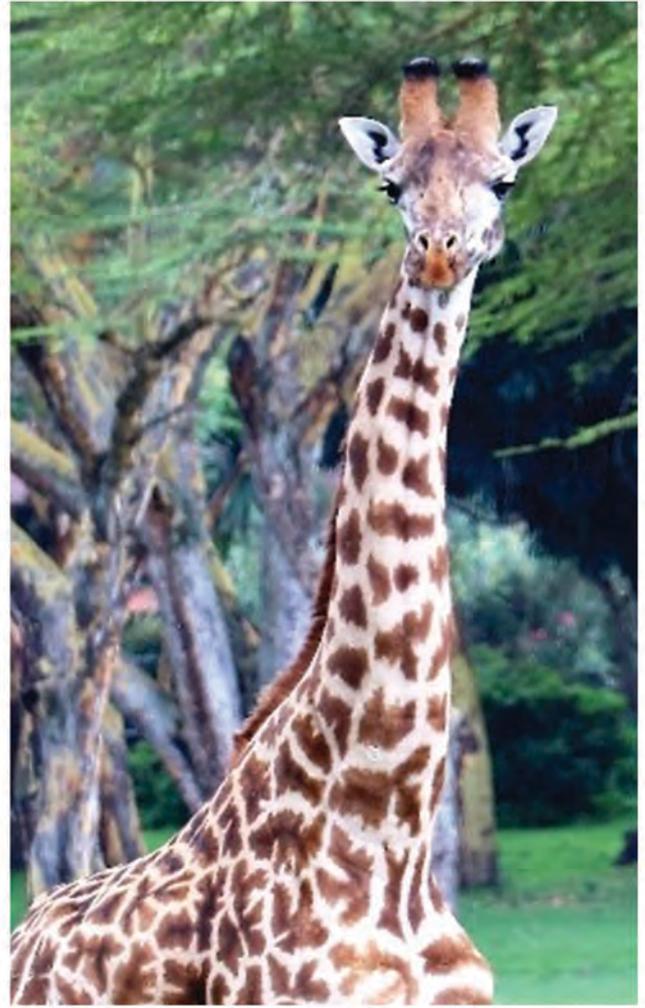
Drop Off
@ 4:30pm
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Tour Itinerary

Wildlife conservation & changing lives

Our first stop is the African Fund for Endangered Wildlife's famous Giraffe Centre, which has pioneered an innovative breeding programme to grow the population of the endangered Rothschild giraffe in the wild.

You'll meet the giraffes at eye level from the centre's raised walkway, and get a comprehensive education about how we can all play a role in the conservation of habitats and the preservation of wildlife. We then go the short distance to the elephant orphanage at the Sheldrick Wildlife Trust on the edge of Nairobi National Park.



The trust has hand-reared hundreds of baby elephants that have been orphaned, often due to injury and poaching, and rereleased them back into the wild in Tsavo National Park. You'll learn more about this fascinating venture and see the baby elephants being fed by their keepers.

You then spend an engaging afternoon in the rural homes of Kenyan grandmothers, who are remarkable and inspirational women that have taken on the responsibility of caring for their grandchildren and extended families. You'll look around a pig farm where a grandmother proudly explains pig-husbandry and how her bio-gas system powers her home; an initiative supported by One Horizon and the involvement of travellers like your selves that aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Then sit down with the grandmothers while they cook traditional meals and narrate their powerful stories about how the program has helped them run a sustainable business that keeps their families together.





ONE HORIZON
holidays that change lives

ECO & WILDLIFE CONSERVATION TOURS



Kenyan Communities and Wildlife Conservation

Highlights

This fascinating One Horizon 8-day cultural and wildlife tour will appeal to anyone that wants to both meet and help Kenyan people in grassroots social enterprises, and go on a safari in a sustainable way at a conservancy where wildlife flourishes and communities thrive.

It offers an authentic safari experience for all guests from multi-generational families to older couples and activities can be as easy or energetic as you like.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$5,250
per adult

\$2,650 per person
(7-16 years)

Free
(≤ 6 years)

8 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Nairobi to Laikipia

On the first morning of this tour we pick you up from your Nairobi hotel and transfer you to Wilson Airport for the 45-minute flight to Nanyuki, which is a small town in the scenic foothills of magnificent snow-capped Mount Kenya. We then arrive at our comfortable camp in eastern Laikipia, about a two-hour drive north of Nanyuki, which is your home for the next four nights. Laikipia lies northeast of the Great Rift Valley and is a vast high plateau where landowners and conservationists have created a special place for communities and wildlife to coexist, and it is recognised as one of Kenya's best safari regions.

Our peaceful camp looks westward toward a series of granite kopjes (outcrops of rock), and in the foreground you might see zebra, giraffe and antelope on the open grasslands. The camp features six lovely and spacious walk-in traditional safari tents decorated with colourful African furnishings and fabrics, and our home-cooked food is always varied, fresh and tasty. In the evenings we have drinks, or sundowners, overlooking the bush or by the fire and three-course dinners under the stars.



Day 2 - 4

Laikipia

Away from roads and vehicles, guests have a unique opportunity to take leisurely walking safaris around the camp and conservancy and take in the wide-open spaces and wildlife that Laikipia is famed for. These might include eland, hartebeest, steenbok, giraffe, Grevy's zebra and buffalo and lucky visitors may even see spot elephants, lions and wild dogs. Each walking safari is tailor-made to suit the guests' abilities and you walk for as long as you feel comfortable, and you will also be accompanied by camels that carry your heavier cameras, refreshments and day-packs.

You will also learn about the local ecosystems and traditions from the Laikipia Samburu and Maasai guides. Or, if you prefer, stay at camp and let the wildlife come to you, and there are wonderful views across the plains from your tent and a salt lick right beside the camp. Other activities include game-viewing by vehicle along the Ewaso Ng'iro River, which is an excellent spot to watch elephants and other animals come to drink, rock-climbing in the kopjes, and as the area has a very rich traditional culture, there's the option to visit a local market where all the warriors and women come dressed in their finest adornments.



Day 5

Laikipia - Nairobi

After breakfast and a hearty goodbye from the camp team, enjoy the last drive in Laikipia back to the airport at Nanyuki, and after your flight arrive at your Nairobi hotel in the early evening. This will be your base for the next three nights to go on three inspiring day trips to meet some remarkable communities in the rural areas around Nairobi. Tonight, and on the next two nights, we enjoy dinner at a restaurant the locals love in Nairobi - we always choose somewhere interesting to eat and have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Day 6

Women's Empowerment Centre

Today we visit the Women's Empowerment Centre in a developing area in the west of Nairobi, which is one of the worthwhile projects One Horizon supports. It was started by Mary a social worker, who developed a program to help struggling mothers by teaching them lifestyle, trade, and entrepreneurial skills so they can set up their own businesses. The results have been phenomenal as the mothers are able to transform into independent business owners and community leaders, and crucially support and keep their families together. Spend time with Mary to learn about her vision and meet some of the proud and resourceful women. The experience will show you how teaching empowerment and skills can lift people out of poverty.

Day 7

Kikuyu Grandmothers

There are many grandmother-headed households in Kenya who care for their grandchildren among other generations of their family in difficult economic circumstances. Today you visit a rural Kikuyu community of delightful and resourceful grandmothers who will show you their pig-farming operation.

This is another project that One Horizon supports, and the initiative aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Sit down with the grandmothers while they cook traditional meals for their families, enjoy some joyful singing and dancing, and listen to them narrate their powerful stories about progress and resilience.



Day 8

Maasai Village

Today we venture into rural Maasai country where you will meet a family and immerse yourself in the midst of the daily hustle and bustle of village life. Your host will be one of the village elders, an heir to his clan, who will take you on a tour to explain how the Maasai have managed these precious lands for centuries. The women will offer to dress you in traditional Maasai shuka cloth or 'African blanket', and the young men, or morans, will explain what it's like being a warrior in Maasai society and show you how to throw a traditional spear and the techniques needed to survive in the bush. There will be singing and dancing, which might include the extraordinary jumping dance, or 'adumu' which is how Maasai warriors demonstrate their prowess.

After an exciting final day on this 8-day Kenyan Communities and Wildlife Conservation tour, we return to Nairobi where the tour ends.

Please Note: This 8-day tour can equally operate in reverse if you so choose – the three-day community visits can be first, followed by the return flight to Nanyuki and the four-day safari in Laikipia.





Maasai Eco Tour

Highlights

This One Horizon 1-day tour enables you to connect with nature and engage with a local Maasai community as they teach you about matters of conservation and the preservation of their precious lands where they have lived a semi-nomadic life for centuries.

You will see how the Maasai are managing the grazing of their herds of cattle, embracing biogas systems for fuel to enable them to preserve precious forests, and learn how they use local plants and herbs for medicinal remedies.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

\$265
per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Conserving the Maasai's natural environment

On this interesting day we drive into the rural Maasai heartland in the Great Rift Valley where you learn about Maasai tribal values and how the Maasai manage their environment from the herdsmen and young warriors, and the women and elders of the village.

A Maasai's herd of cattle is one of their most sacred and treasured possessions, and they are the only tribe in Kenya who are permitted to graze their herds on public land and specifically in Nairobi. They have for centuries had to protect their land so that they do not deplete the coverage of natural pastures for their animals. But as with most indigenous communities, they have been subject to many modern pressures and for



the Maasai community this has meant that their traditional nomadic way of life is progressively challenged.

You will help herd the cattle, see how herbs and plants can be used to make natural medicines, and learn about the importance the Maasai place on their natural resources like land and water. Perhaps one of the most absorbing adaptations that the Maasai are making is in the use of biogas systems; a clean, non-polluting energy source generated from cow dung which means the Maasai do not need to forage each day for firewood, and which in turn protects forests and wildlife habitats. And in the more sedentary lifestyle being forced on the Maasai, biogas provides high quality organic fertilisers that enable them to embrace crop farming. This is a unique and richly rewarding day that combines the opportunity to meet and interact with people who are part of the fabric of Kenyan tribal life, with a fascinating insight into how the Maasai are surviving on the lands that are so important to them.



Light On The Horizon

Highlights

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You get up close to giraffes from a raised walkway at the Giraffe Centre, which has been instrumental in saving the Rothschild giraffe from extinction, and watch adorable baby elephants and hear about the complex process of returning them to the wild at the Sheldrick Wildlife Trust, the most successful elephant rehabilitation program in the world.

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Wildlife conservation & changing lives

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ONE HORIZON
holidays that change lives

**CELEBRATE
YOUR
MILESTONE**



Celebrate Your Milestone With the Maasai

Highlights

When in Kenya, why not celebrate your lifetime event with the Maasai? One Horizon can organize a special party with our Maasai friends in their traditional

- Birthday
- Anniversary
- Retirement
- Memorial, or simply
- A get-together for a group of friends or family travelling in Kenya together.

And to give these a uniquely Kenyan flavour and be a guaranteed holiday highlight, the Maasai will make it a wonderfully joyous

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

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per adult

\$132.50 per person
(7-16 years)

Free
(≤ 6 years)

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

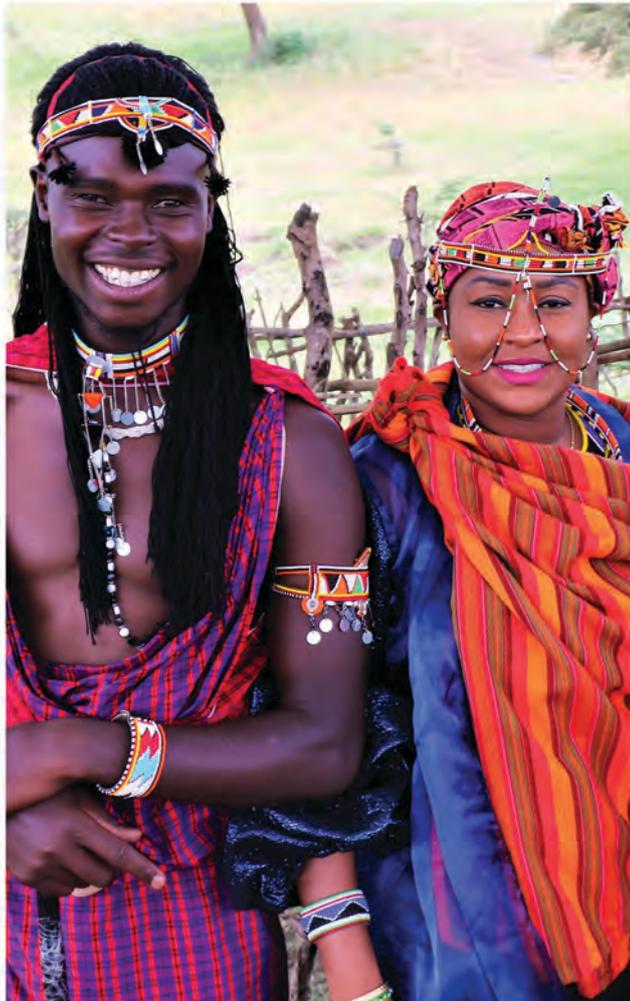
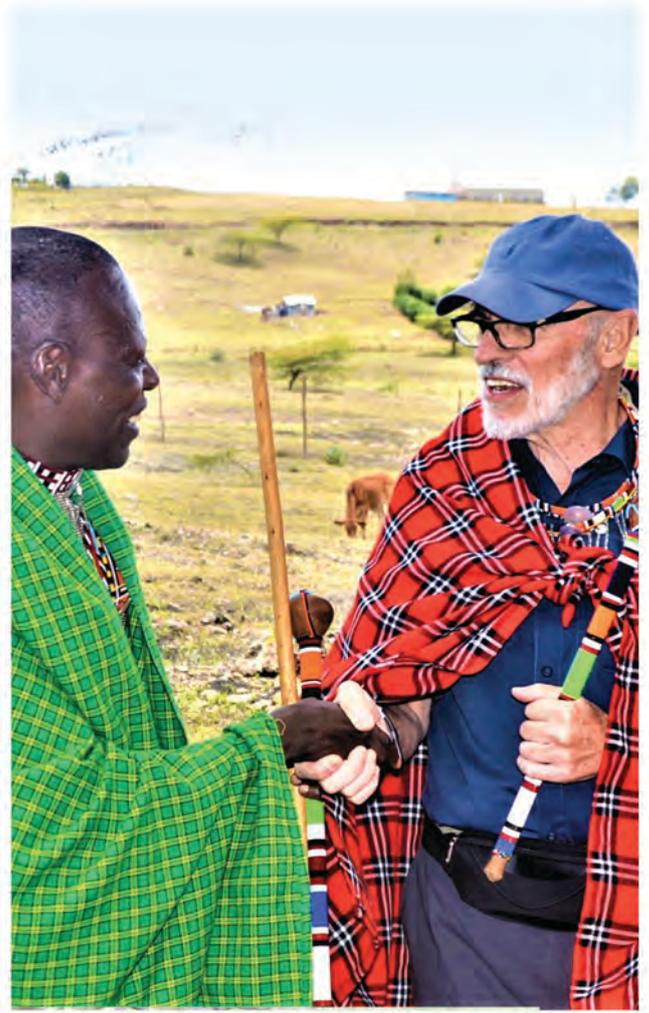
Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Your Special Day with the Maasai

This One Horizon day tour is a magical opportunity to celebrate your important event by connecting with Kenya's proud Maasai people in an authentic and interactive way by becoming part of the hustle and bustle of Maasai village life.

From Nairobi, we drive into the rural Maasai heartland in the Great Rift Valley where one of the elders will take you on a tour to explain how the Maasai have managed these precious lands for centuries. They are well-known for their distinctive dress, valued customs and unique social and family structures, and you'll take part in the rituals of the warriors and perform daily tasks with the women.



At the fun-filled party, the friendly Maasai women will dress you in traditional Maasai-style in a red shuka cloth or 'African blanket' and other brightly-coloured adornments. You will eat delicious Kenyan food, join in the infectious singing and dancing, which includes the extraordinary jumping dance or adumu as the morani, or warriors, demonstrate their prowess, and share much laughter and many ideas as you listen to their fascinating stories and folklore.

One of the many magical things that our guests love to do is learning to make their own highly-decorative Maasai beaded bracelet or other piece of jewellery. This is a wonderful memento of celebrating your birthday, anniversary, remembrance or other milestone event with your gracious Maasai hosts, and a personal reminder of your time in the village.



ONE HORIZON
holidays that change lives

SPECIAL EVENTS & EXPERIENCES



Celebrating Rites of Passage with the Maasai

Highlights

Rites of Passage day tours are experiences about as grass roots as they can ever possibly be and One Horizon are honoured to invite you to special days to celebrate important life events with our Maasai friends. Important occasions could include:

- Maasai weddings
- Coming-of-age events that mark the transition from a young boy to a moran, or warrior
- Naming ceremonies

A unique insight into the traditional Maasai way of life and the rich culture of Kenya's peoples.

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Tour Itinerary

Celebration of Maasai Life

Highly-celebrated life event ceremonies are an intricate part of the Maasai culture, and on these special days we drive you to a village in a rural area on the outskirts of Nairobi. The village elder will give you a tour and explain how the Maasai have managed these precious lands for centuries, and you will be dressed in a traditional Maasai shuka cloth or 'African blanket' in preparation for the ceremony that is taking place that day.

Celebrations - Maasai Males

Several rites of passage relate to males as they go through the stages of being a Maasai moran, or warrior, between 14-30 years-old. These brave and strong young men defend their families, village and cattle, and three of the important ones are: Enkipaata, the induction of boys leading to initiation of being a moran; Eunoto, the shaving of heads of the morani paving the way to adulthood; and Oling'esherr, the meat-eating ceremony that marks the end of being a moran and the beginning of them engaging in the community's decision-making to prepare them as future elders.



Celebrations - Naming Ceremonies

Also important is the Maasai baby naming ceremony, known as Enkipukonoto Eaji. When a child is born, he/she is not given an official name and for up to the first three years is called the embolet, meaning 'an opening'. In the ceremony, which bestows a great deal of honour on the mother and child, the new name is based on the baby's personality from birth.

Celebrations - Weddings

And then there are the weddings, and marriage in Maasai culture is a very important and elaborate affair that incorporates many traditional customs. The female family members of the bride dress and adorn her in beautiful beadwork, there's a procession from the girl's home to the husband's enkang (enclosure), the bride and groom are blessed and washed with milk, and the families share ceremonial honey beer. There are also pre-wedding celebrations roughly equivalent to bachelors' or hens' informal get-togethers.

Which ever ceremony you attend, you can expect a fun-filled day, try some delicious Kenyan food, listen to the Maasai's stories, beliefs and ideas, and join in the lively and infectious singing and dancing, which includes the extraordinary jumping dance or adumuas the morani demonstrate their prowess. You will learn so much from participating in these events, and enjoy the party as the Maasai respectfully honour their strong, wise and highly revered members of their community at these life-affirming rites of passage.



International Women's Day in Kenya

Highlights

International Women's Day is a global celebration of the social, economic, cultural, and political achievements of women.

Each year on March 8th, One Horizon celebrates this special day by holding parties for the wonderful Kenyan women at the projects we support and you are invited. This is a rare opportunity to visit remarkable groups of women who are instrumental in building new, bright and sustainable futures for themselves, their families and their communities.

These experiences will give you deep insight into the customs and structures of rural Kenyan family life, and the highlight is the genuine interaction with these amazing women as we applaud their achievements at our events on International Women's Day.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

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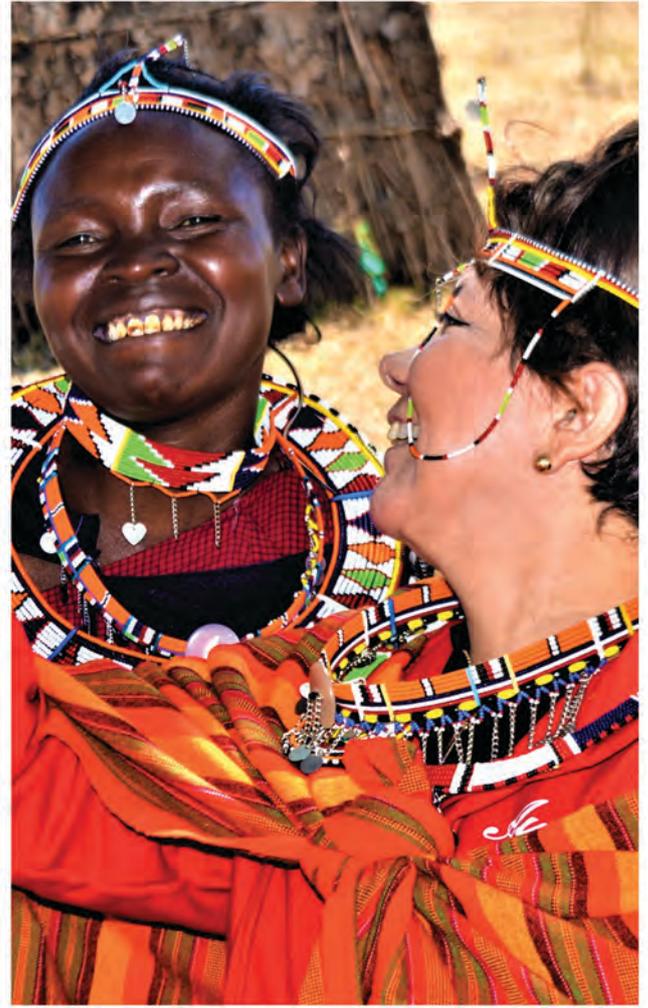
Tour Itinerary-Opt1

Marvellous Maasai Women

Connect with Kenya's proud Maasai women on International Women's Day in an authentic and interactive way by becoming part of the hustle and bustle of their village.

It is Maasai women who make many important family decisions and shoulder a great deal of responsibility in day-to-day life, and they build the manyatta, or family homestead, and are responsible for livestock cultivation, meal preparation, and educating their children for roles in the community.

This is a fun-filled day with singing and dancing and you will dress in a traditional Maasai shuka cloth or 'African blanket' and help cook our traditional Kenyan lunch. Our International Women's Day party celebrates the strength, courage and wisdom of Maasai women and you'll gain an understanding of how important they are in Maasai society.



Tour Itinerary-Opt2

Celebrating Kikuyu Grandmothers

Celebrate International Women's Day by meeting a Kikuyu community of endearing and entrepreneurial grandmothers at a project supported by One Horizon, which has significantly improved their livelihoods by empowering them through small-scale farming.

Many Kenyan grandmothers play a vital role in raising their extended families when parents are unable to do so, and the financial constraints are extremely challenging. But thanks to our small business program, the grandmas earn a sustainable income from pig-farming to feed their families.

On this day of fun, you'll get to know the delightful grandmas, help cook our traditional and delicious Kenyan lunch, and share much laughter and singing and dancing. On our special International Women's Day party you will get a real insight of the strength and resilience of these remarkable Kenyan grandmothers..



Mother's Day in Kenya

Highlights

Mother's Day is a tour in the Celebration Tours Collection, curated, unique, authentic and an exceptional once-in-a-lifetime Kenyan travel experience.

Mother's Day each year in May is a big event in Kenya because mothers are highly revered in Kenyan society and they are considered as the heroes in their local communities. One Horizon holds village parties to celebrate Mother's Day and you are invited. It's a private event at the projects we support, so the party guests are you and your friends and a crowd of assorted mothers, grandmothers and their families.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

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(2 Apr 2022 to 5 Apr 2022)
- Xmas Day
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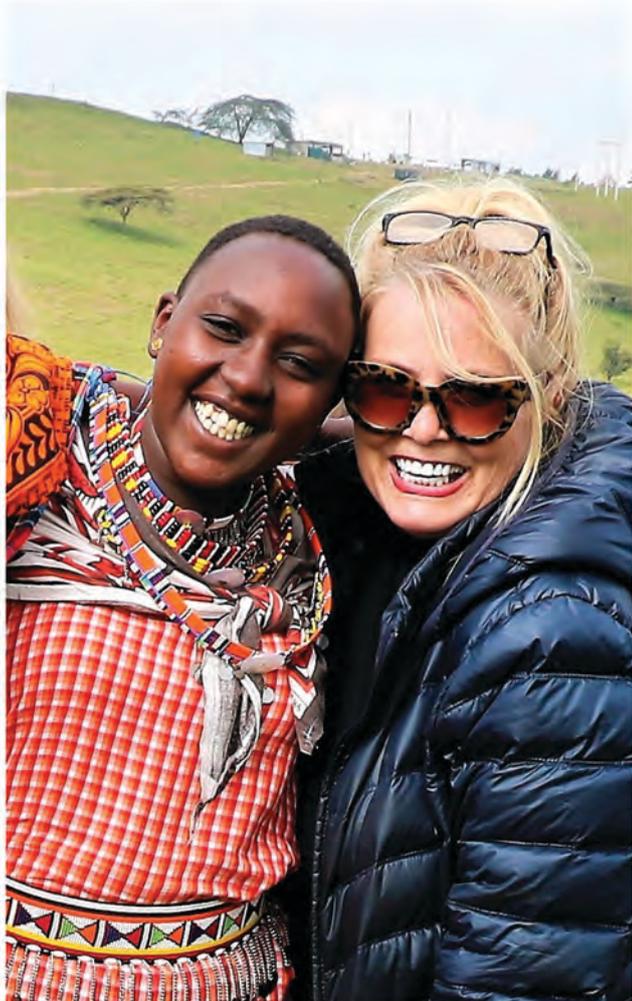
Drop Off
@ 4:30pm
to the hotel

Tour Itinerary-Opt1

Kikuyu Grandmothers

One Horizon holds a special Mother's Day party at a community of warm and welcoming Kikuyu grandmothers to celebrate their resilience in the face of great challenges and for being role models for younger Kenyans. Grandmothers become the primary caregivers when parents are unable to do so, and there are many grandmother-headed households in Kenya that care for a number of generations. But thanks to a pig-farming small business program supported by One Horizon, the grandmas earn a sustainable income to feed and keep their families together.

On this insightful day, you will be shown around the farm and help cook our delicious traditional Kenyan lunch. The grandmothers narrate their powerful stories and you join in the party with joyful singing and dancing to celebrate Mother's Day and all that they have achieved.



Tour Itinerary-Opt2

Maasai Mothers

We celebrate Mother's Day with the Maasai by hosting a party in a traditional village. The Maasai are proud semi-nomadic people who have age-old traditional cultural practices, and Maasai mothers hold a vital position as they shoulder a great deal of responsibility in day-to-day life. They also develop intense bonds with their children and nurture and develop their sons to become future warriors, or morans.

This is a fun-filled day and you will be dressed in a traditional Maasai shuka cloth or 'African blanket', make your own piece of beautifully-crafted beaded Maasai jewellery, and you help cook our delicious Kenyan lunch. Listen to their stories and ideas, join in the singing and dancing, and enjoy this Mother's Day party when the Maasai respectfully honour their strong, wise and highly-revered mothers.