



## Family Ties

### Highlights

The One Horizon 2-day Family Ties cultural tour is a rare opportunity to visit families in their homes from two different Kenyan ethnic groups – the Maasai and the Kikuyu.

You'll also see how Kenyan families are merging their traditional culture with contemporary ways to build new, bright and sustainable futures. You'll be warmly welcomed into a Maasai village and your hosts will show their age-old way of life and rites of passage.

#### What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

#### What's Excluded

- Gratuities (Optional)

#### Blackout Days

- Easter Friday (2 Apr 2022 to 5 Apr 2022)
- Xmas Day (25 Dec 2022 to 31 Dec 2022)

**\$1,060**  
per adult

**\$530** per person  
(7-16 years)

**Free**  
(≤ 6 years)

**2 Days**  
Tour

**9 Max**  
Passengers

**Pick Up**  
@ 9:00 am  
from the hotel

**Drop Off**  
@ 4:30pm  
to the hotel

# Tour Itinerary

## Day 1

### Maasai Family Ties

Today you drive to an authentic Maasai village on the outskirts of Nairobi where you spend the day with the men, women and children, and one of the elders, Daniel, will take you on a tour to explain how the Maasai have managed these precious lands for centuries. Spend time with Maasai mothers and help them build a new manyatta – a traditional Maasai homestead, while Maasai warriors will teach ancient skills such as spear-throwing and how to use local plants to make medicinal remedies, and will invite you to join them as they herd their cattle. In the afternoon the women will share their stories as they help you make your own piece of traditional beautifully-crafted beaded Maasai jewellery. You will discover that they are just as interested in your life as you are in theirs, as you join in the singing and dancing, and share the humour and warm nature of the villagers.



## Day 2

### Kikuyu Family Ties

There are many grandmother-headed households in Kenya that care for a number of generations, and today you are hosted by gracious grandmother Helen at her rural home, who will introduce you to her large Kikuyu family. She will show you around her innovative pig farm, and you can pitch in with the chores if you'd like to. This is a project supported by One Horizon as an initiative to improve the livelihoods of grandmothers by economically empowering them through small-scale farming. Helen earns a sustainable income from the pigs, while the bio-gas system from the waste powers her home. You also help to cook a traditional Kenyan lunch and share it with some of the other grandmothers in the community. Enjoy some joyful singing and dancing, and you will be inspired by listening to their powerful stories of life, change and progress and how the program has helped keep their families together.



### One Horizon Team Dinner

On the evening of Day 1, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.

