



ONE HORIZON
holidays that change lives

Our Work in Kenyan Communities

Unique, Inspiring and Incredible

**VOCATIONAL
TRAINING**
FOR MOTHERS

PG 05

ESTABLISHING
SMALL BUSINESSES
FOR GRANDMAS

PG 06

BUILDING
CLASSROOMS
FOR SCHOOLS

PG 07

One Horizon Africa mission is
to work with disadvantaged
communities in Kenya.





We fund our sustainable programs through generous donations and the fees travellers pay to go on our informative and insightful tours in and around Nairobi. The grassroots communities we work with include grandmas who have a significant role in bringing up their grandchildren, young women with families to support, youths that require employment and children that need assistance with basic needs.

Our innovative programs create strong partnerships with local communities and provide African people with the opportunity to take ownership for changing their lives.

One Horizon Africa's Mission

Our mission statement is to work with Kenyans to overcome poverty. The fundamental ethos, driving forces and objectives behind our projects and programs include:



- That decision-making and development and support of initiatives to overcome poverty needs to be driven by Kenyans in their own communities
- That there needs to be quantifiable improvements in the lives of the people in the communities that are involved in our programs
- That the interests of children are not served by their incarceration in orphanages, and instead must be addressed by the actions of their own communities. One Horizon does not support or take part in any activity or organisation that is involved with tours to orphanages
- That in the establishment of our projects and services, builders, carpenters, plumbers, labourers and all other tradespeople and suppliers are employed and sourced from the local community
- That the tourism industry should do more to support and benefit local communities and natural ecosystems, and funds from One Horizon tours go back into our programs
- That the ultimate objective of One Horizon's sustainable programs is always economic empowerment for our communities so they become self-sufficient and Kenyan families can stay together



THIS IS WHAT WE DO

One Horizon Africa's Programs & Projects

Vocational Training for Mothers

Vocational and lifestyle training programs are a step in the right direction to achieve economic empowerment for women. They are offered to those with young children who have no means of support and who are often living on the street or have been abandoned by their husbands and families. After a 18-month-long program at our Women's Empowerment Centre in Nairobi, the women graduate and establish their own small businesses and start their journey to self-sufficiently support their families.

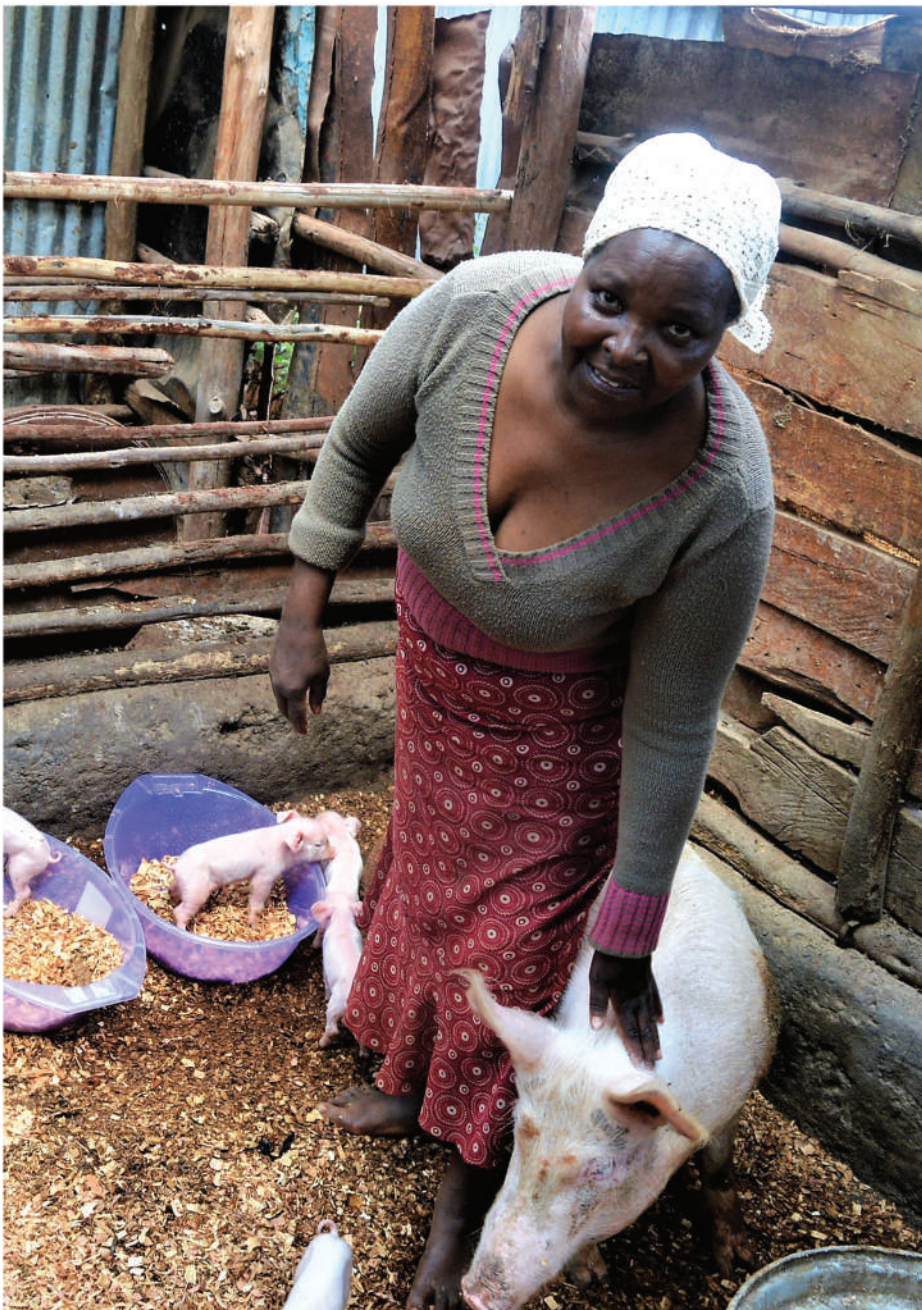
Upon graduation from our vocational training program, women are able to establish their own small enterprises funded by a Kenyan micro-finance scheme. Past graduates have established a range of small businesses from seamstresses and craft-makers, to owning and running market and food stalls, and even buying and selling land.



Establishing Small Businesses for Grandmas

For our grandmas who take care of their grandchildren and extended families when parents are absent or unable, and in difficult financial circumstances, the programs with One Horizon enable them to learn about pig husbandry and own and operate their own small-scale pig farms. This endeavour provides them with work and an income and their economic empowerment is a fundamental part of One Horizon's support for grandmothers to improve their livelihoods and provide security for their families.

When setting up grandmas with pig farms, all resources required including water tanks and electricity meters are sourced from local suppliers and tradespeople, and we only purchase discarded and recycled timber when building pig pens. Professionals such as veterinaries are employed on an ongoing basis for maintaining the health of the pigs.



Building Classrooms for Schools

In Kenya the high unemployment rate means that many families struggle with basic needs, and in these circumstances a child's education can often suffer. One Horizon's project to build school classrooms in disadvantaged communities opens up the opportunity for many more children to attend school and get the quality education they deserve.

Desks, chairs, blackboards, books, stationary and other necessary amenities and supplies are made or purchased from local tradespeople or stores. When building classrooms or when upgrading facilities at community schools, One Horizon equips a school with all the resources needed for creating a productive environment for learning.



Providing Meals at Mobile Kitchens

With high unemployment and the consequences of low incomes, many Kenyans suffer from inadequate nutrition in their diets. One Horizon establishes mobile food or 'soup' kitchens at schools that distribute food to children and their families, and which is often their only substantial daily meal. The food cooked at the mobile kitchens is sourced directly from local farmers, which ensures freshness and goodness and is a great support to local producers.



Building Homes for Families

Unfortunately, homelessness is a significant problem in Kenya's disadvantaged communities. One Horizon builds approximately 20–40 homes each year and without this accommodation, many families would be sleeping on the street. Our building program is undertaken by local tradespeople, and One Horizon builds two-room dwellings with electricity, running water and toilets as temporary housing for those that are in desperate need. This housing program ensures families can stay together while more permanent accommodation is secured.



Building Environmentally-Friendly Ablution Blocks

One Horizon undertakes a program for the replacement of pit or 'long-drop' toilets in basic communities, and we use a variety of solutions that eliminate discharge of waste and stop the contamination of underground water supplies. This includes the construction of flush toilets connected to the municipal water supply and sewerage system, and/or building septic tanks that break down waste and matter until it is safely non-hazardous for disposal.



Installing Biogas Systems

Constructing biogas systems as part of the infrastructure of the farms we establish for grandmas is a great way to protect the environment. These eliminate the contamination of ground water by channelling waste from the farms to a converter which produces high quality organic fertilizer that saves on the use of destructive chemicals.



Biogas also creates non-polluting gas for cooking purposes. This replaces the need to forage for firewood (estimated at consuming 4–6 hours a day and removes 20–30kg of forest timber per person) and eliminates the use of charcoal, which is often used for cooking but is a wasteful product of forests and has impactful health consequences for families.



Employing the Youth in Community Work



In Kenya and with high levels of unemployment, One Horizon's local community work project provides employment to local youths. The projects are many and varied and are mostly in construction, road repair, fencing and drainage works. The impact on the community is significant as young people are no longer idle and instead are occupied, productive and able to support themselves financially.

Employing Local People as Tour Guides

The guides on One Horizon tours are drawn from community members whose local knowledge is comprehensive and informative. Our tour guides are all important components and actively involved in One Horizon's various sustainable programs and projects in grassroots communities. They not only show travellers their first-hand experiences, but provide unique and invaluable insights into the life of Kenyans.



Peer Support Programs & Counselling

Our peer support programs and counselling are services provided by One Horizon not only during the implementation of our projects but equally prior to a person's involvement in our sustainable programs. For instance, integrated into One Horizons Women's and Grandmas empowerment programs are a range of ancillary services such as community health workers and nurses, psychologists, nutritionists, teachers and vocational trainers. These positions are sourced from our professional associations.





ONE HORIZON
holidays that change lives

Our innovative programs create strong partnerships with local communities and provide African people with the opportunity to take ownership for changing their lives.

www.onehorizonafrika.com

+254 (0) 758 074 570

enquiry@onehorizonafrika.com