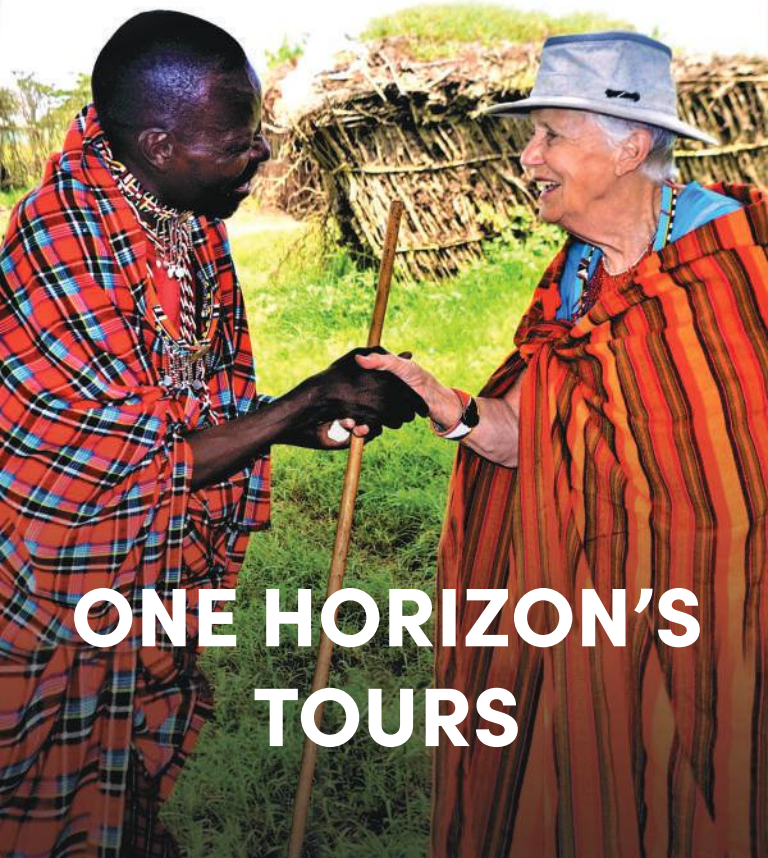




ONE HORIZON

holidays that change lives



ONE HORIZON'S TOURS

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ONE HORIZON
holidays that change lives

KENYA CULTURAL TOURS

2-6 Day Tours



Insights of Kenyan Life

Highlights

Insights of Kenyan Life is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

This eye-opening One Horizon 6-day cultural safari gives travellers the opportunity to meet Kenyans from various walks of life and hear their inspirational stories. At of the projects One Horizon supports, you'll see that it's possible for people to gain the strength and courage to step up and away from poverty.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

6 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Give the gift of time at a soup kitchen to feed hungry children, meet the steadfast grandmothers who run enterprises to support the younger generations, and see how a vocational training project empowers women and keeps families together. Additionally we have also included some sightseeing and meals out for an all-round Nairobi experience, and you visit a Maasai village and become an honorary member of the tribe, and enjoy some relaxing time at beautiful Lake Naivasha.

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.

Day 2

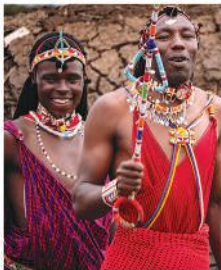
They Said It Can't Be Done

Today you visit the Women's Empowerment Centre, another project supported by One Horizon, where local women undertake an 18-month program that teaches them trade and entrepreneurial skills so they can set up their own business to support their families. Spend an inspirational day with these proud, self-sufficient women and gain a better understanding of how they have been able to overcome difficult challenges and transform into independent business owners and community leaders.

Day 3

The Hippos of Lake Naivasha

Today drive west of Nairobi to Lake Naivasha, Kenya's most beautiful freshwater lake surrounded by peaceful grassy banks and fringed by thick papyrus. Along the way, stop at a roadside lookout for the stunning views over Kenya's Great Rift Valley, and arrive at a lovely lakeside lodge in huge grounds studded with acacia trees and perhaps spot the odd antelope or vervet monkey. Catch a small boat to view the pods of hippos and abundant birdlife that Naivasha is so famous for, then back at the lodge enjoy a delicious leisurely lunch and relaxing swim in the pool before returning to Nairobi in the late afternoon.



Day 4

Grandmothers Love Their Pigs

Today you will visit another local community to meet some of the endearing and entrepreneurial Kenyan grandmothers who play a vital role in keeping Kenyan families together. Discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. This is another worthwhile project that One Horizon supports, and the initiative aims to empower grandmothers through small-scale farming. Sit with them over a cup of local tea and enjoy some joyful singing and dancing and listen to their powerful stories about resilience.

Day 5

Become a Maasai for the Day

Spend an amazing day with the warriors and women of a traditional Maasai village. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Venture into the bush with her son, who will explain what it's like being a young warrior in Maasai society, sit with the elders as they share their stories of their fascinating culture, and learn from the women how to make some traditional decorative beaded jewellery.

Day 6

A Great Way to End the Week

Your final day will be spent relaxing at leisure, giving you the opportunity to reflect on the amazing experiences over the past few days as you fondly remember the warm and welcoming, and fascinating and inspirational Kenyan people you have met and connected with. A mid-morning pickup takes you to the restaurant at the Karen Blixen Coffee Garden for a delicious lunch in the pretty gardens to celebrate the end of your 6-day tour, before you make your way to the airport to catch your flight.

One Horizon Team Dinner

On days 1, 3 and 5 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.



It's Happening Now

Highlights

It's Happening Now is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

On this 5-day tour we invite you to become involved in the sustainability programs that One Horizon supports, which are helping Kenya's most vulnerable people step away from poverty and towards brighter futures. You visit a children's feeding centre, an innovative city farm, and a women's empowerment project, where you'll have the opportunity to meet and engage with project leaders and various members of the communities who are making wonderful progress in creating a better life for all.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

5 Days

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

This will give you fascinating insights into Kenyan culture that few travelers ever experience and connect with people on a personal level. Also on this amazing cultural tour, you will visit a traditional Maasai village to learn about Kenyan cultures and tribal life, and enjoy a spot of wildlife-watching on a relaxing day trip to beautiful Lake Naivasha.

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.



Day 2

They Said It Can't Be Done

In a developing area to the west of Nairobi, visit the Women's Empowerment Centre, which is another worthwhile project One Horizon supports. Here, local women in the area undertake an 18-month program that teaches them trade and entrepreneurial skills so they can set up their own businesses. The results have been phenomenal as the mothers are able to lift themselves out of poverty, keep their families together and transform into independent business owners and community leaders. You meet and learn from some of the proud, self-sufficient women who are involved in this inspirational program.

Day 3

The Hippos of Lake Naivasha

Today drive west of Nairobi to Lake Naivasha, Kenya's most beautiful freshwater lake surrounded by peaceful grassy banks and fringed by thick papyrus. Along the way, stop at a roadside lookout for the stunning views over Kenya's Great Rift Valley, and arrive at a lovely lakeside lodge in huge grounds studded with acacia trees and perhaps spot the odd antelope or vervet monkey. Catch a small boat to view the pods of hippos and abundant birdlife that Naivasha is so famous for, then back at the lodge enjoy a delicious leisurely lunch and relaxing swim in the pool before returning to Nairobi in the late afternoon.



Day 4

Grandmothers Love Their Pigs

Kenyan grandmothers play a vital role in keeping families together in difficult economic circumstances. Visit a local grandmother's pig farm and discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. This is another worthwhile project that One Horizon supports, and the initiative aims to empower grandmothers through small-scale farming. Sit with them over a cup of local tea and enjoy some joyful singing and dancing and listen to their powerful stories about resilience.

Day 5

Become a Maasai for the Day

Spend an amazing day as an honorary Maasai by visiting a family in their village who have lived the traditional Maasai way of life for generations. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Learn about traditional rites of passage from the male children of the family, or young morans, who will teach you how to throw a traditional spear and the techniques needed to survive in the bush, and listen to fascinating folklore stories told by Maasai elders.

One Horizon Team Dinners

On days 2 and 4 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.



Together We Can

Highlights

Together We Can is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

On this 4-day One Horizon cultural tour, join us for the opportunity to visit four grassroots Kenyan communities that travelers rarely have a chance to genuinely engage with. Take an active role in helping at some of the projects One Horizon supports, and meet the people who are coming together and bringing change to their social and economic welfare.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

4 Days

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Donate your time in a local soup kitchen, meet the strong and courageous women at a vocation and lifestyle training centre, and be inspired by some entrepreneurial Kenyan grandmothers. This experience will leave you humbled and heartened and you will finish the tour by spending time with the Maasai and learn about their fascinating way of life that hasn't changed for centuries. A cultural tour like no other.

Tour Itinerary

Day 1

Help at a Soup Kitchen

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for travellers to contribute to alleviating the problems of poverty in Kenya. Today you visit a children's centre on the outskirts of Nairobi supported by One Horizon, which provides the kids with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and in return will receive beautiful, happy smiles and witness firsthand how communities work together to help the hungry and most vulnerable.



Day 2

They Said It Can't Be Done

Spend an incredible day with some amazing Kenyan women who have managed to overcome the most difficult challenges that life can bring. You will visit the Women's Empowerment Centre where local women in the area undertake an 18-month program that teaches them lifestyle, trade and entrepreneurial skills so they can set up their own businesses. The experience of meeting these determined and resourceful women will allow you to walk away with a new perspective on how teaching empowerment and skills can lift people out of poverty to support and keep families together.



Day 3

Grandmothers Love Their Pigs

Today you will visit another local community to meet some of the endearing and entrepreneurial Kenyan grandmothers who play a vital role in raising their grandchildren and providing a home and meals to many generations in their family. Visit a local grandmother's pig farm and discover how pig-husbandry provides food and financial support and the bio-gas system creates energy out of the waste to power a home. Sit with the grandmothers and listen to their powerful stories of how they broke the cycle of poverty in between some joyful singing and dancing and a cup of local tea, and on this inspirational day you learn how resilient people can be.

Day 4

Become a Maasai for the Day

Venture into rural Maasai country where you will meet a family and immerse yourself in the midst of the daily hustle and bustle of Maasai village life. Your host will be one of the village elders, an heir to his clan, and you meet his wife and children too. The male children of the family are young morans, the traditional defenders of the tribe. Learn about their traditional rites of passage while also discovering the intricacies of the Maasai family structure. An amazing day where you will get the chance to become an honorary Maasai, learn how to throw a traditional spear and the techniques needed to survive in the bush.

One Horizon Team Dinner

On days 1 and 3 of this tour, we enjoy dinner at the restaurants the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Heroes and Heroines of Kenya

Highlights

Heroes and Heroines is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

This unique 3-day cultural tour will take you on insightful visits to two of the sustainable projects that One Horizon supports in Nairobi, and then into the traditional Maasai heartland to meet members of this fascinating tribe. You will team up with the various local leaders who are dedicated to improving the life of Kenyan people at both a women's vocational and lifestyle training centre and a farm project to help grandmother-headed households.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

3 Days
Tour

9 Max
Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Then immerse yourself in the midst of the daily hustle and bustle of Maasai village life as you take part in the rituals of the Maasai warriors, sit with the women as they perform their daily tasks, and listen to stories and folklore told by village elders. Truly a cultural tour and experience like no other. These wonderful interactions show you day-to-day Kenyan culture and connect with people on a personal level.

Tour Itinerary

Day 1

The Inspirations of One Woman

Today we drive to a developing area in the west of Nairobi and visit the Women's Empowerment Centre, which is one of the worthwhile projects One Horizon supports. It was started by Mary a social worker, who developed a program to help struggling mothers undertake vocational and lifestyle training and get access to micro finance to open small businesses. The results have been phenomenal as the mothers are able to lift themselves out of poverty and transform into independent business owners and community leaders, and crucially support and keep their families together. Spend time with Mary to learn about her vision for the centre while you get the opportunity to meet some of the proud and self-sufficient women involved in the inspirational program.



Day 2

New Beginnings for Grandmas

There are many grandmother-headed households in Kenya who care for their grandchildren among other generations of their family in difficult economic circumstances. You will visit a pig farm owned by one grandmother where she proudly explains pig-husbandry and how her bio-gas system powers her home. This is another project that One Horizon supports, and the initiative aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Then sit down with the grandmothers while they cook traditional meals for their families and narrate their wonderful stories of life, change and progress.



Day 3

The Maasai Rites of Passage

Spend an amazing day with the warriors and women of a traditional Maasai village. It starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. Venture into the bush with her son, who will explain what it's like being a young warrior in Maasai society, and join other men who are training for their rite of passage as they explain how they will go into the hills to complete qualifying tasks before they reach the circumcision ceremony. Take part in the challenge as they show you how to throw a spear and climb an acacia tree in lightning speed. Sit with the villagers as they share their stories of their fascinating culture with you while the women teach you how to make some traditional decorative beaded jewellery.

One Horizon Team Dinner

On the evening of Day 2, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Family Ties

Highlights

Family Ties is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

The One Horizon 2-day Family Ties cultural tour is a rare opportunity to visit families in their homes from two different Kenyan ethnic groups – the Maasai and the Kikuyu. You'll also see how Kenyan families are merging their traditional culture with contemporary ways to build new, bright and sustainable futures. You'll be warmly welcomed into a Maasai village and your hosts will show their age-old way of life and rites of passage.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

2 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Then, while visiting a Kikuyu family, you'll see how a farming enterprise assists grandmother - headed households provide food and financial support for the many generations they care for. This cultural tour will give you deep insight into the customs and structures of rural Kenyan family life and the highlight is the genuine interaction you will experience by sharing stories and laughter.

Tour Itinerary

Day 1

Maasai Family Ties

Today you drive to an authentic Maasai village on the outskirts of Nairobi where you spend the day with the men, women and children, and one of the elders, Daniel, will take you on a tour to explain how the Maasai have managed these precious lands for centuries. Spend time with Maasai mothers and help them build a new manyatta – a traditional Maasai homestead, while Maasai warriors will teach ancient skills such as spear-throwing and how to use local plants to make medicinal remedies, and will invite you to join them as they herd their cattle. In the afternoon the women will share their stories as they help you make your own piece of traditional beautifully-crafted beaded Maasai jewellery. You will discover that they are just as interested in your life as you are in theirs, as you join in the singing and dancing, and share the humour and warm nature of the villagers.



Day 2

Kikuyu Family Ties

There are many grandmother-headed households in Kenya that care for a number of generations, and today you are hosted by gracious grandmother Helen at her rural home, who will introduce you to her large Kikuyu family. She will show you around her innovative pig farm, and you can pitch in with the chores if you'd like to. This is a project supported by One Horizon as an initiative to improve the livelihoods of grandmothers by economically empowering them through small-scale farming. Helen earns a sustainable income from the pigs, while the bio-gas system from the waste powers her home. You also help to cook a traditional Kenyan lunch and share it with some of the other grandmothers in the community. Enjoy some joyful singing and dancing, and you will be inspired by listening to their powerful stories of life, change and progress and how the program has helped keep their families together.



One Horizon Team Dinner

On the evening of Day 1, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





All Things Maasai

Highlights

All Things Maasai is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

On this One Horizon 2-day cultural tour you visit a traditional Maasai village to engage with these amazing people who make up the colourful tapestry of tribal life in Kenya. This interactive experience allows you to meet the infamous warriors, village elders and Maasai women, and take part in some of their daily activities to learn about their traditional way of life that has not changed for centuries.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

2 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

You will be invited to become an honorary member of the Maasai, and learn how to throw a warrior's spear, create decorative jewellery, and join in their vibrant singing and dancing. It's a wonderful opportunity to gain an insight into Kenyan rural life and share and listen to stories and beliefs with individuals from a completely different world and culture.

Tour Itinerary

Day 1

Become an Honorary Maasai

Begin the day with a drive into the magnificent Maasai heartland where you will be met by one of the Maasai village elders, Daniel. He will take you on a tour to explain how the Maasai have managed these precious lands for centuries, and you watch the daily cattle drive and learn about some of the local plants used to make medicinal remedies. Then sit down with some young Maasai warriors, or morans, who describe various aspects of their fascinating rites of passage, and who will teach you how to throw a traditional spear or even how to climb an acacia thorn tree in the event there is danger from predators in the bush. In the afternoon you will spend some time with the Maasai women of the village who will show you the techniques of weaving the frame of a new manyatta – a traditional Maasai homestead.



Day 2

Maasai Life in Focus

Begin the day back at the village by learning the traditional Maasai welcome with singing and dancing, which might include the extraordinary jumping dance, or 'adumu' which is how Maasai warriors demonstrate their prowess. Your host for the day has 52 siblings and his father has 6 wives; a starkly different kind of community structure to the one we are familiar with. Use the time to get to know your host and ask the questions you might have, and enjoy the humour and warm nature of the villagers as you discover that they are just as interested in your life as you are in theirs. After a traditional Maasai lunch, you enjoy some more dance lessons and sit with the women to learn how to make some traditional beaded jewellery, and then head out to help some of the community members finish the manyatta build.



One Horizon Team Dinner

On the evening of Day 1, we enjoy dinner at a restaurant the locals love in Nairobi – we always have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





We Didn't Know Such Tours Existed!

Highlights

The most common feedback from travellers regarding our 'cultural tours' is that "we didn't know such tours existed," or "we've been looking for something like this for ages" or "we didn't know about One Horizon.

Our tour experiences showcase different communities in an interactive, respectful and deeply moving way. As a social purpose organisation and not for profit, our programs are not tour bus experiences. The underlying work we do is in implementing initiatives that help **people** step up and away from 'doing it tough'.

What's Included

- All meals each day
- Air conditioned hotel transfers
- A personal guide and One Horizon staff with you every step of the way.
- 150 images of your adventure as well as videos

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

6 Days

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

And we are passionate about it. And it's good to know that a traveller's tour fees go completely into the programs and projects you will see.

Tour Itinerary

Day 1

City Drive

This is an introduction to Nairobi with a drive time experience in an around Nairobi. Travelers get a real feel for the hustle and bustle of everyday life in the city and it's a great way to be able to see ordinary Kenyans going about their day.

National Museum

We will also stop for a visit to the National Museum which displays the history of Kenya and which will give you a glimpse of the various stages in Kenya's evolution and development.

Lunch In the Park

And it's on to Uhuru Park in the centre of the city and lunch in one of the most vibrant and lively places in the city. A place to sit and relax as Kenyans go about their day.

Some Amazing Vistas

And along the way we will take you to some amazing viewpoints. One Horizon knows Nairobi in and out and we go to places that



Day 2

Senior citizens raising their grandchildren

This day is all about meeting some amazing grandmas who live in a society where grandchildren are often left in their care. A cultural tour in Africa and Kenya specifically which is changing the face of tourism

And in a society where social security benefits are not part of life, the challenges to educate and feed youngsters can often be overwhelming. But these grandmas are resilient and unstoppable. And their efforts as entrepreneurs have helped them forge a brighter future. And it's their stories that will amaze you.

The journeys of these women have covered their early years in colonial East Africa (as Kenya used to be known) to the current day. Incarceration in camps confronted them in their earliest years and life was a daily struggle. Some were fortunate to go to school whilst others missed out completely. And along came marriage and children which threw up a lot of challenges. And the perspective of their lives is in context to where they have ended up today and what they make of their past experiences. A day which will leave you rivetted.





Day 3

Maasai families coping with change

On day 3, you find yourself in a Maasai village that includes revered elders, married women and young men. It's set in a village less than an hour from downtown Nairobi in a picturesque village surrounded by the Ngong Hills.

Their challenges are about navigating their changing world. It's becoming increasingly harder to maintain their life of customs and rituals. And for a society that are passionate about their culture this is particularly challenging. No longer are they able to hunt lions or practice century old traditions associated with rites of passage. Yet with their great sense of humour and English language skills, the discussions are fascinating, beguiling and emotional. There is a lot of laughter along the way.

This is an amazing day and you can be assured that your Maasai hosts will want to know as much about you as you do about them. They define cultural tours in Africa.

Day 4

Single mothers striving to keep their families together

On day 4 you will meet young mothers who are raising a family's whilst at the same time gaining new vocational skills. The skills program equips the women to be able to earn a living so that they can support them. It's been a tough road to this point but the vocational centre is a place of hope, hard work and inspiration.

The young mothers are focussed on what they need to do and enjoy the discussions with their peer group and others. The discussions are often about how to work through difficulties and emerge into a better situation. It's a respite centers where the women can heal and learn from each other. Empowerment is the theme and this is the beginning of a new future for the women.

The women are eager to hear of other people's stories and the challenge we all face trying to bring up children where there are many demands. Its sharing the information from which they draw strength and over a cup of tea and homemade lunch you can guarantee a lot of laughter and happiness as well.



Day 5

Families navigating life

On day 5 you will visit a centre for families and it's a great way to meet the locals. And the locals drop in because the centre provides peer support and meals each day to help them get through tough times.

The centre is a beehive of activity and it acts as a day out for many families who toil in the search for work. You will meet amazing people who have a quiet determination to succeed. And they love engaging people in conversations about life, its challenges and its rewards particularly as it relates to their families. And it's this interaction which helps families cope each day with the daily struggles they confront. Being able to talk about the challenge and **learning** how other people have overcome them is a great support system.



The centre is one of the few places where families can relax, even momentarily, and to take some time to sit down and look after themselves with good food and conversation. And our guests can also involve themselves in helping prepare the food if they want to.

Day 6

The Last Day is Party Day

Lunch with Mama Carole in her home and a party to end all parties

Today is the final day of your incredible journey cultural tour in Kenya with us. And to make you last day memorable, we are getting together a large group for a party to say thank you and goodbye. In every society, cooking and culture are inextricably linked. Within Kenyan communities, the rhythm of life is influenced by the seasons and what is grown in local gardens throughout the year. It is the freshness and home-grown nature of the produce that results in some of the healthiest food available in any country of the world. And hence we will enjoy a Kenyan banquet.

All the People You Met Will Come to the Party

The party group will be made up of some of the amazing people you have met from the group of grandmothers, women, Maasai, youth and assorted staff that you have spent the day with.

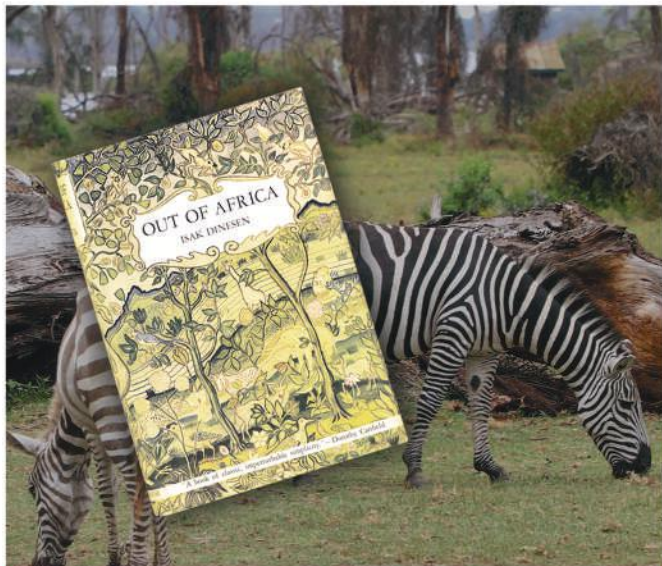
An Image and Video Review

We will review your week in images and hand you up to 150 images and videos that we took for you. The food will be great and we can guarantee a lot of singing and dancing. It will be the perfect Kenyan party to say 'thank you and farewell'.

Singing and Dancing Galore

This is a day to relax and enjoy food grown in the garden within Carole's home. A great way to end this incredible week.





The Story of Karen Blixen and Denys Finch Hatton

Highlights

As made famous in the movie *Out of Africa*.

One Horizon's until *They Meet Again* experience embodies the colonial history, themes and locations that capture a snapshot of the story of Karen Blixen's life in British East Africa (now known as Kenya). Karen Blixen's love affair with Kenya was captured in her autobiographical **published** in 1937 and made famous by the movie *Out of Africa* that was filmed in Kenya in the mid 1980's. This tour captures the essence of those colonial times and a romantic era for Africa which captured the attention of the world. It provides a vivid snapshot of African colonial life in the last decades of the British Empire.

What's Included

- Air conditioned hotel transfers
- Unlimited fruit, tea, coffee & water.
- A personal guide who is also your driver and One Horizon staff members each day
- Upto 150 images and videos
- Modern toilet facilities

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

2 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Visiting Karen Blixen's Home

The home of Karen Blixen was the centre and one of the largest coffee plantations of its era in Kenya. Her home in the suburb that carries her name, is now a museum showcasing her life. The original property covered 6,000 acres (2,400 ha) of land: 600 acres (240 ha) were used for a coffee plantation, 3,400 acres (1,400 ha) were used by the natives for grazing, and 2,000 acres (810 ha) of virgin forest were left untouched.

Karen and her husband became convinced that coffee would be profitable.] The Karen Coffee Company was established by their uncle, Aage Westerholz, who chose the name after his daughter Karen, Blixen's cousin, rather than to create an association with Karen Blixen. The coffee plantation was untimely unsuccessful and as Karen's marriage crumbled, she ultimately took over the management of the plantation.

Talented and Passionate

Karen Blixen was an internationally acclaimed author whose pen name was Isak Dinesen and who chronicled her 17 years in Kenya in her autobiographical book, *Out of Africa* (published in 1937). She had spent from 1914 to 1931 in British East Africa and her story was made famous in the same named movie over 50 years later.

Karen Blixen was a Baroness who gained the title after marrying Baron Bror Blixen-Finecke in Mombasa in 1914. She was nominated for a Noble Prize in Literature several times. Two of her books *Babette's Feast* and *Out of Africa* were made into Hollywood movies to critical acclaim. She was also a very well-known and talented artist as well.

Karen left Kenya in 1931 not long after dealing with the loss of her lover Denys but also the failure of her coffee plantation. She remained inexplicably linked to the country and the Ngong Hills. As a recent commentary states "Karen's unbearable longing for Africa, her farm and her employees never faltered through all the long years since. In a letter to her mother, she wrote: 'I have a feeling that wherever I may be in the future, I will be wondering whether there is rain at Ngong.'

On the 7th of September 1962: Karen Blixen died after a long illness at her family home in Denmark. And quoting from Nicky Fitzgerald, "All she owned of Africa, a handful of earth she'd brought back with her to Denmark in a little wooden box, was mixed with the soil of Rungstedlund in her grave. The unadorned tombstone of Isak Dinesen, the world-famous author, is inscribed simply 'Karen Blixen.' It was one of the most moving places I have ever visited".





Visiting The Resting Place of Denys Finch Hatton Bound to Denys for Eternity

In a letter to her brother Thomas in 1924, Karen Blixen wrote: "I believe that for all time and eternity I am bound to Denys, to love the ground he walks upon, to be happy beyond words when he is here, and to suffer worse than death many times when he leaves..." Denys Finch Hatton was a big game hunter and entrepreneur, who flew his own plane and had a reputation for an adventurous and daring life. He was the epitome of the colonial period. And he was flying his plane when it crashed in Voi near Mombasa. The manner of his death only added to his reputation as an adventurer with a great jest for life. He had expressed a desire to be buried in the same place that Karen had planned for herself in the Ngong Hills. It was Karen Blixen who organised his burial.

Karen Blixen and Denys Finch Hatton had been part of a group of ex-pats known for their wealth and lifestyle. They merely epitomised a period when East Africa was the playground for royalty, titled and wealthy. It offered an escape or as Karen Blixen wrote, "Here at long last one was in a position not to give a damn for all conventions, here was a new kind of freedom which until then one had only found in dreams"! Denys Finch Hatton had come from a titled English family and the current titles continue in his family to this day. On the 14th of May 1931, Denys perished in an air crash and is buried, as he wished, in the Ngong Hills. Karen Blixen had him interred at their 'special place'.



The Final Resting Place

As Karen noted in her biography "There was a place in the Hills, on the first ridge in the Game Reserve, that I, myself at the time when I thought that I was to live and die in Africa, had pointed out to Denys as my future burial-place. In the evening, while we sat and looked at the hills from my house, he remarked that then he would like to be buried there himself as well. Since then, sometimes when we drove out in the hills, Denys had said: "Let us drive as far as our graves."

In 1974 his British family erected the obelisk in his memory and visit Kenya regularly – honouring their son, brother, and uncle.



Visiting Ngong Hills Which Karen Loved

Ngong Hills, which Karen's coffee plantation skirted, was a source of great pleasure for Karen Blixen as well as Denys Finch Hatton.

The Ngong Hills is an area of great beauty and it was a place that she retreated to often. It was a source of inspiration to Karen Blixen because of its sheer beauty and the diversity of its flora and fauna. And it was the place that she chose, and which was supposed to be, her final resting place. Denys Finch Hatton also endorsed the same place to be with Karen. The magnificent vistas dominate the landscape as much today as they did in Karen and Denys's day.

And on this excursion, we take you to the peak of the Ngong Hills to stand in the same place where Karen stood and to see the same amazing valley's and hills that she loved so much. You will be as inspired as Karen was. And it's also a photo opportunity to recreate the same amazing scenes that were so beautifully captured in the movie. A lifetime memory!

Visiting A Maasai Elder Who Became an Extra Hollywood Comes To Ngong Hills

Less than 20 minutes from the vista which you will enjoy is an adjacent valley that is part of the Ngong Hills. It is another magical place of extreme beauty but where acacia trees dominate in a traditional African landscape.

Driving through the foothills our destination is to meet up with a Maasai elder who was in several scenes that were shot for the film. The arrival of Hollywood, with all the supporting crew and activity involved many of the locals. And the scenes were shot less than 1000 yards from where your Maasai hosts live. A picturesque valley that epitomises the beauty of Africa.

Your Maasai host was, at the time, not aware of such things as movies, let alone the industry of acting and Hollywood. But remembering the support crew and stars that interacted with the local Maasai stands out in his memory. Your host will tell you fascinating stories of his interaction with the stars. And he became, unknowingly, an extra in a movie that became known for its incredible depiction of the beauty of Africa.



Day 2

The Wildlife Scenes that Enthralled The World

On Day 2 the tour takes you, following the route of the Great Rift Valley, to Lake Naivasha and Crescent Island.

Crescent island is where the wildlife scenes of the movie were filmed and guests will experience what the cast and crew of the movie captured on film and which enthralled movie goers to this day. Crescent Island has since become one of Kenya's premier wildlife viewing areas.



1985-6 Were Great Years for Kenya

In 1986 *Out of Africa* dominated the Academy Awards winning 11 Oscars and won 7

- Best Picture Best Adapted Screenplay
- Best Original Score Best Cinematography
- Best Director Best Production Design
- Best Sound Mixing Best Costume
- Design
- Best Actress Best Film
- Editing
- Best Supporting Actor

The Impact of the movie *Out of Africa* on Kenyan Tourism

Sydney Pollack's Oscar-winning film, *Out of Africa*, launched Kenya's tourism career. Before *Out of Africa*, Kenya was the preferred but very exclusive destination of royalty, aristocracy and glitterati for whom, in the 1900s, it was THE big game hunting safari destination. It was not, however, a holiday option for the average traveller.





A Grand Reunion Cultural Tour

Highlights

An Exclusive Experience for Our Former Guests.

One of the most rewarding aspects for One Horizon is that the travellers who come to Kenya to take part in our cultural tour holidays, share the same values as we do, in terms of their commitment to helping improve the lives of others. That binds us together as a community and although the diaspora of One Horizon guests are spread all over the world, our friends and us remain in contact. We are a global community of committed people.

A Special Price to Out Past Supporters

And this is why we have organised our 5-day Grand Reunion experience, so that we can continue our involvement and friendship with you. And because of your past support for us, which we appreciate so much, we wanted to be offer you a very discounted price that is only available and offered to you as a past participant.

What's Included

- Air conditioned hotel transfers
- A light lunch, unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.
- Up to 150 images /videos of your adventure

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

5 Days

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Of course, if you decide to come on our Grand Reunion tour and if you are travelling with a partner or travel buddy, then we are happy to offer them the same price.

Retracing Your Footsteps & Catching Up with Old Friends

The essence of the Reunion Tours is for our past travelers to:

- Continue their involvement with the communities that they visited on their previous trip to Kenya with One Horizon.
- Being introduced to new communities that they didn't meet on their previous trip.

Tour Itinerary

Day 1

Our Entrepreneurial Grandmas Are Kicking Up Their Heels!

For those who visited our grandmas, your Grand Reunion gets off to a great start catching up on the latest with these mercurial grandmas you met previously.

Of course, these grandmas are transforming not only their own futures but that of their families. And you can see where they have progressed to from the previous time you spent with them. It's a time to reminisce with friends and for our guests who are meeting the grandmas for the first time, an introduction to grandmas who are overcoming some incredible hurdles. Their stories are inspiring.

All in all, a celebration of coming back together. There will good healthy food, a lot of singing and dancing with a Kenyan welcome that you will never forget.



Day 2

Your Maasai Friends Are Waiting

For those who came down to our Maasai community previously it will be a great celebration to catch up with old friends. And for those who are experiencing it for the first time, you will get fascinating insights about how to escape a marauding buffalo, how to throw a club to transition to adulthood and how to quickly climb a tree! It's a lot of fun.

Over the last 3 years the impact of drought has created challenging conditions for our Maasai community. But with their great sense of humour and inquisitiveness your Maasai are delighted to be able to welcome you back.

Once again, it's a time for a lot of singing and dancing, being dressed up like a Maasai and enjoying the company of 3 generations of the family of your hosts.



Day 3

Women Taking Their Place Again

For those guests that visited our women's centre, you have told us about how emotional the visit was. And now, to catch up with those women will probably be even more emotional. But that's what happens when you meet old friends. So be prepared!

For those friends of our who will be visiting the women's centre for the first time, it's for young mothers who are raising a family's whilst at the same time gaining new vocational skills.

The skills program conducted at the centre equips the women to be able to earn a living so that they can support their families. It's been a tough road to this point but the vocational centre is a place of hope, hard work and inspiration. You will be inspired!



Day 4

Future Leaders and the Next Generation

On Day 4, you will be visiting our centre for families where a food kitchen is established for the very young. The centre acts as part of a support system that helps families through the neediest of times.

And an essential part of that is providing meals for young children who need additional nutritional support. And for our guests who have been to the centre previously, it's a time to catch up with everyone and to see how they are faring. For those guests who will be visiting the centre for the first time, it's a place where you can get involved in helping prepare the food and to feed the very young.



No place is more touching as this one. And it is so because we can all put ourselves in the situation of what would happen if we couldn't feed our own families. But through all this, this day is full of enjoyment and satisfaction for everybody involved.

Day 5

Lunch with Mama Carole and a Party to End all Parties

Today is the final day of your incredible journey in Kenya with us. And to make you last day memorable, we are getting together a large group for a party to say thank you and goodbye. In every society, cooking and culture are inextricably linked. Within Kenyan communities, the rhythm of life is influenced by the seasons and what is grown in local gardens throughout the year. It is the freshness and home-grown nature of the produce that results in some of the healthiest food available in any country of the world. And hence we will enjoy a Kenyan banquet.

All the People You Met Will Come to the Party

The party group will be made up of some of the amazing people you have met from the group of grandmothers, women, Maasai, youth and assorted staff that you have spent your days with.

An Image and Video Review

We will review your week in images and hand you up to 150 images and videos that we took for you. The food will be great and we can guarantee a lot of singing and dancing. It will be the perfect Kenyan party to say, 'thank you and farewell'.

Singing and Dancing Galore

This is a day to relax and enjoy food grown in the garden within Carole's home. A great way to end this incredible week.





ONE HORIZON
holidays that change lives

KENYA CULTURAL TOURS

1 Day Tours



Meeting Beatrice Her Incredible Life and Story

Highlights

Meet Beatrice who, in her late 60's became an entrepreneurial grandma. Her success as a pig farmer came after a life of struggle.

Born into a large family and in the colonial period of Kenya's independence struggle, Beatrice and her family were confronted by poverty and the struggles which came with it. Getting enough to eat was a daily challenge let alone an education. Beatrice's story will inspire you. A **compelling** struggle that shows what can be achieved with resilience and perseverance.

What's Included

- Air conditioned hotel transfers
- Dinner and drinks
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- 40-50 images and videos of your experience
- A Maasai shuka (blanket) which you will get to keep and which highlights the vivid design and colour combinations of the Maasai.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Beatrice's story is told in her home where she lives with her husband, children and grandchildren. And you will also enjoy a hearty meal with her and those of her family. It's an intimate look at Kenyan life with a historical perspective that will leave you in awe of her achievements and the human spirit.

Tour Itinerary

You will be picked up from your hotel in late afternoon and with you One Horizon guide, you will be taken up to Gikambura on the rural outskirts of Nairobi where you will spend the afternoon and early evening.



You will meet the family and other grandmas who are involved in pig farming and you will see how this operation is now funding the family's life. And as in most Kenyan families, there is singing and dancing with punctuate the experience. It's an intimate insight into local Kenyan family life and one which may probably **change** your own priorities. And with the hospitality that Kenyan's are known for, you can share an early dinner with the family in an environment of warmth and plenty of laughter and good humour. An experience that you will remember forever. If you want to experience a unique cultural experience then 'Meet Beatrice' is a great way to experience the life and history which is uniquely Kenyan.



Camp Fire Stories

Highlights

A Life of Traditions and Rituals as

Told by The Maasai.

The Maasai have inhabited Africa for hundreds of years and their cultural tradition and practices have endured to the present day. And it is their rhythm of life as embodied in their traditions which the outside world has wanted to learn and understand.

One Horizon's amazing twilight experience, **Campfire Stories**, is about the life of the Maasai and their traditions, told with the humour and insight that only the Maasai can bring. Stories about their ancestors, their families and the traditions which dictate their life.

What's Included

- Air conditioned hotel transfers
- Dinner and drinks
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- 40-50 images and videos of your experience
- A Maasai shuka (blanket) which you will get to keep and which highlights the vivid design and colour combinations of the Maasai.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

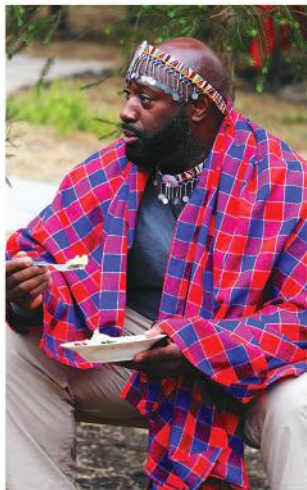
@ 4:30pm
to the hotel

This magical experience is held at a Maasai village on the outskirts of Nairobi starting in the late afternoon and ending in early evening. In a magical Maasai village that is the home to an extended family, you will see Maasai returning to the village from a day walking their herds in search of grazing land. And as you meet your hosts, you will start to appreciate what an amazing adventure this is going to be.

Tour Itinerary

You are transported from your hotel late afternoon for the drive to the Maasai homelands just outside of Nairobi.

Upon arriving at the village our experience starts with a warm and generous meeting from your Maasai hosts. As age old conservationists your Maasai hosts will show you how they have lived off the land and how the local ecosystems have supported them with herbs and medicinal remedies. And from there your hosts will **demonstrate** how they co-exist with wildlife. The Maasai are the ultimate conservationists and seek to live with wildlife in a natural harmony. They will demonstrate how they avoid confrontation and discourage predators that follow their wanderings with their herds. And along the way you can engage with the Maasai in practicing some of their skills that they display at events in the Maasai calendar every year.



One skill is club throwing that is part of a young man's transition into adult life and he has to achieve a particular level of mastery. The ensuing contest is also a way to bond with the villagers and they will relish the opportunity for you to be involved.

Lots of fun and laughter goes hand in hand with the Maasai life and how they see the world. And if you like singing and dancing, there is the rhythmic beat of their songs which inspire all to be involved and which will draw you into the enjoyment of the afternoon and early evening.

And the centre piece of this experience are the campfire stories which will leave you with great respect and admiration for your hosts. The stories are told around a roaring campfire and cover their life growing up, the rituals and traditions of life and the extended family structures which are the foundations of Maasai life. The campfire stores will have people drawing comparisons to their own life and are a magical part of the evening.



Maasai Magic

Highlights

Maasai Magic is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

This One Horizon 1 day cultural tour is a magical opportunity to connect with Kenya's proud Maasai people in an authentic and interactive way by becoming part of the hustle and bustle of Maasai village life.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Having maintained a semi-nomadic way of life on their communal lands for centuries, the Maasai are well-known for their distinctive dress, customs and unique social and family structures, which include rites of passage and revered respect for elders. On this fun and insightful day, you'll take part in the rituals of the warriors, perform daily tasks with the women, and share much laughter and many ideas as you listen to fascinating stories about Maasai culture.

Tour Itinerary

Live one day the Maasai way

From Nairobi, drive into the rural Maasai heartland where one of the elders will take you on a tour to explain how the Maasai manage these precious lands.

You learn about their tribal values, native herbs and plants that are used for medicinal remedies, the importance the Maasai place on their natural resources like land and water, and help herd the cattle, which is their most sacred and treasured possession. A warm song and dance welcome awaits you at the village, and the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket'. You'll also be invited to help out the women and learn their skills of constructing a new manyatta—a traditional Maasai homestead.



Time for lunch when you join the Maasai mothers to cook up a traditional Kenyan meal over an open-fire, and they'll share stories as they show you how to create your own piece of highly-decorative Maasai beaded jewellery. Then meet the young Maasai warriors, or morans, who explain their rites of passage as they become warriors, the defenders of the tribe. They teach you how to throw a traditional spear, climb speedily up an acacia tree in the event there are predators in the bush, or even the extraordinary jumping dance, or 'adumu' which is how they demonstrate their prowess.

Your hosts impart the knowledge of their ancient ways and are just as interested in your life as you are in theirs. This is why we call it Maasai Magic because we're constantly astonished by the magical moments that unfold as our guests and the villagers connect throughout the day.



Go Granny Go!

Highlights

Go Granny Go is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

On this enlightening One Horizon cultural tour, you meet some endearing and entrepreneurial grandmothers who are beating their generational cycle of poverty. Many Kenyan grandmothers play a vital role in raising their grandchildren and extended families, and you'll visit a pig farm, which is a project supported by One Horizon to improve the livelihoods of grandmothers by empowering them through small-scale farming.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

They invite you to assist with farming activities, help cook a traditional meal, and by sharing lots of laughter and listening to their inspirational stories, you'll get a real insight into the strength and resilience of these remarkable Kenyan women. A cultural tour like no other.

Tour Itinerary

Help a grandma become a pig farmer

We drive you to a Kikuyu village on the outskirts of Nairobi, where Kenyan grandmas are often responsible for raising their grandchildren and others in their family when parents can no longer look after them.

Sometimes up to 20 family members live in a grandmother's one-room corrugated iron home, and the financial constraints are extremely challenging. But thanks to a pig-farming small business program supported by One Horizon and the involvement of travellers like yourself, the grandmas earn a sustainable source of income from pig-husbandry to feed their families, while the bio-gas system creates energy out of the waste



to power their homes which means that the family no longer has to cut down trees for cooking and heating purposes.

You meet the community's warm and welcoming grandmothers, be shown around a pig farm and pitch in with the chores if you like, join in some joyful singing and dancing over a cup of local tea or chai, help cook lunch of beans and ugali (a maize flour dish eaten across East Africa), or learn how to make a chapati (soft layered bread). Your tour fees and visit support their training, as well as veterinary care and feed for the pigs, and this is a rare opportunity to support a grassroots social enterprise. The grandmothers narrate their powerful stories about how the program has helped them run a sustainable business that keeps their families together, and you learn how resilient people can be. The future of our grandmothers is as bright as their engaging personalities.



Empowering Mothers

Highlights

Empowering Mothers is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

This immersive One Horizon cultural tour is an uplifting day spent with an inspirational group of Kenyan single mothers who are breaking free from the cycle of poverty and forging a brighter future to be able to support their families. You'll visit a women's vocational and lifestyle training centre on the outskirts of Nairobi, which is a hive of activity as the women are busy sewing, making candles, beading jewellery, and studying entrepreneurial skills to start their own small businesses.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

As you connect with the women on a personal level they'll share their stories that will give you a deep insight into Kenyan cultural traditions and extended family relationships.

Tour Itinerary

Kenyan women turning their lives around

We drive you to a developing area in Ngong to the west of Nairobi, and take in sights such as the eclectic Ngong Road markets where you can buy anything and everything.

Then you visit the Women's Empowerment Centre, where One Horizon supports an 18-month program to help struggling mothers undertake skills training and get access to microfinance to open small businesses. Not so long ago these marginalised women had very little hope, few resources, and no support, and many are HIV-positive and have suffered discrimination and been ostracized by their own husbands and families and were forced into homelessness.



But with the support of One Horizon, and the travellers who visit them, the centre helps them get back on their feet by providing rent-free housing and vocational training, as well as lifestyle skills that focus on building confidence and rejuvenating body and soul. They become independent as small business owners – perhaps as a seamstress, or a pig or chicken farmer – and crucially, are able to feed, financially support, and keep their families together.

The women's inspirational stories will teach you about family life in Kenya, the practice of marrying multiple spouses, the dynamics of being a single parent, and the relationship between Kenyan mothers and their children. You will walk away from the experience of meeting these determined and resourceful women, with much admiration and a new perspective on how teaching empowerment skills can lift people out of poverty.



Future Leaders

Highlights

Future Leaders is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

Getting involved in helping disadvantaged communities is both an opportunity to engage with local people and a rewarding way for socially responsible travellers to 'give something back'. On this One Horizon cultural tour you visit a community centre on the outskirts of Nairobi supported by One Horizon. You lend a hand by helping to prepare and distribute nutritious food, and witness firsthand how communities work together to help people.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

A sustainable program for Kenyan families

While there are many wealthy areas in Nairobi, other districts have very high unemployment levels where challenges for the population are based around getting enough to eat.

One Horizon initiates sustainable development programs in conjunction with local community leaders in needy communities, and today you will help to prepare and serve a hearty and nutritious Kenyan lunch for the community. We work alongside Kenyans who take ownership of these programs and you'll stand shoulder to shoulder with Kenyans who warmly welcome you into their community.



And as part of this day, you will get to meet the local community leaders who are helping to change the future for their fellow citizens and helping to create future leaders.

You will have an energetic day pitching in with the chores like peeling and chopping fresh fruit and vegetables and cooking lunch of beans and ugali (a maize flour dish eaten across East Africa). You can share lunch with the community and have the opportunity interact with them and you'll discover that they are just interested about you as you are about them. This is a uniquely personal hands-on experience and travellers meet a grassroots community that they would never typically interact with on a Kenyan holiday. And it is immensely satisfying to know that by donating your tour fees and precious time, you are part of helping the community.



Light on The Horizon

Highlights

Light on the Horizon is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

On this energetic One Horizon cultural and wildlife day tour, we combine visits to two of Nairobi's best-known wildlife conservation centres with a small-scale farming program that is changing the lives of Kenyan grandmothers. You get up-close to giraffes from a raised walkway at the Giraffe Centre, which has been instrumental in saving the Rothschild giraffe from extinction.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- Entry to the David Sheldrick Trust
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

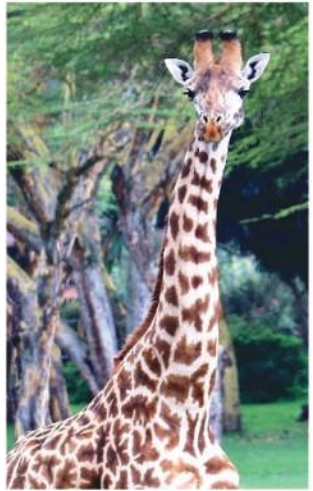
and watch baby elephants and hear about the complex process of returning them to the wild at The Sheldrick Wildlife Trust, the most successful elephant rehabilitation program in the world. We then spend an insightful afternoon on a cultural tour as guests meet entrepreneurial grandmothers at a grassroots social enterprise project supported by One Horizon in a rural Kikuyu comm

Tour Itinerary

Wildlife conservation & changing lives

Our first stop is the African Fund for Endangered Wildlife's famous Giraffe Centre, which has pioneered an innovative breeding programme to grow the population of the endangered Rothschild giraffe in the wild.

You'll meet the giraffes at eye level from the centre's raised walkway, and get a comprehensive education about how we can all play a role in the conservation of habitats and the preservation of wildlife. We then go the short distance to the elephant orphanage at the Sheldrick Wildlife Trust on the edge of Nairobi National Park.



The trust has hand-reared hundreds of baby elephants that have been orphaned, often due to injury and poaching, and rereleased them back into the wild in Tsavo National Park. You'll learn more about this fascinating venture and see the baby elephants being fed by their keepers.



You then spend an engaging afternoon in the rural homes of Kenyan grandmothers, who are remarkable and inspirational women that have taken on the responsibility of caring for their grandchildren and extended families. You'll look around a pig farm where a grandmother proudly explains pig-husbandry and how her bio-gas system powers her home; an initiative supported by One Horizon and the involvement of travellers like you selves that aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Then sit down with the grandmothers while they cook traditional meals and narrate their powerful stories about how the program has helped them run a sustainable business that keeps their families together.



Celebrate Your Milestone

Highlights

Celebrate Your Milestone is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

- Birthday
- Anniversary
- Retirement
- Memorial, or simply
- A get-together for a group of friends or family travelling in Kenya together.

And to give these a uniquely Kenyan cultural flavour and be a guaranteed holiday highlight, the Maasai will make it a wonderfully joyous occasion.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

These proud semi-nomadic pastoral people have age-old traditional practices and rituals, and they honour milestones in their own culture and respect how important they are. It's a cultural tour that will leave you with memories for life.

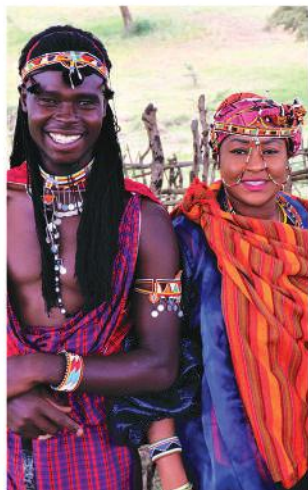
The Maasai will welcome you warmly and help you celebrate with the lively singing and dancing they are renowned for. Your party, or a friend's surprise party, with the Maasai is something that few travellers ever get to experience, and it will certainly be something to talk about when you get home.

Tour Itinerary

Your Special Day with the Maasai

This One Horizon day tour is a magical opportunity to celebrate your important event by connecting with Kenya's proud Maasai people in an authentic and interactive way by becoming part of the hustle and bustle of Maasai village life.

From Nairobi, we drive into the rural Maasai heartland in the Great Rift Valley where one of the elders will take you on a tour to explain how the Maasai have managed these precious lands for centuries. They are well-known for their distinctive dress, valued customs and unique social and family structures, and you'll take part in the rituals of the warriors and perform daily tasks with the women.



At the fun-filled party, the friendly Maasai women will dress you in traditional Maasai-style in a red shuka cloth or 'African blanket' and other brightly-coloured adornments. You will eat delicious Kenyan food, join in the infectious singing and dancing, which includes the extraordinary jumping dance or adumu as the morani, or warriors, demonstrate their prowess, and share much laughter and many ideas as you listen to their fascinating stories and folklore.

One of the many magical things that our guests love to do is learning to make their own highly-decorative Maasai beaded bracelet or other piece of jewellery. This is a wonderful memento of celebrating your birthday, anniversary, remembrance or other milestone event with your gracious Maasai hosts, and a personal reminder of your time in the village.



Cooking & Culture with Mama Carole

Highlights

In every society cooking and culture are inextricably linked. Within Kenyan communities, the rhythm of life is influenced by the seasons and what is grown in local gardens throughout the year. It is the freshness and home-grown nature of the produce that results in some of the healthiest food available in any country of the world.

Mama Carole and cultural excursion, conducted in the rural home of your host is on the outskirts of Nairobi. A community dominated by small market gardens where the ingredients are picked fresh from the field. More than just a cooking excursion, the day also combines an appreciation of aspects of Kenyan family and culture that you will find intriguing.

What's Included

- Air conditioned hotel transfers
- A Kenyan 'leso' presented to you prior to starting your cooking
- Unlimited fruit, tea, coffee and water.
- 50 images of your adventure as well as videos
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

Pick Up
@ 9:00 am
from the hotel

9 Max
Passengers

Drop Off
@ 4:30pm
to the hotel

And Mama Carole's story is told with song and dance as you learn the secrets of Kenyan cooking. An unbelievable day in grassroots Kenyan society where the humour and friendliness of your host will envelop you.

Tour Itinerary

You are picked up from your lodgings by One Horizon and you embark on a short 25-minute vehicle journey to the rural outskirts of Nairobi. Along the way you will see aspects of both traditional life and the development in modern infrastructure that has dominated the last few years of Kenya. But all this quickly recedes as you enter the rural hinterland outside Nairobi and leave the hustle and bustle of the city behind you.

Upon arriving at Mama Carole's home, you will be greeted with the warmth and spontaneity of Carole and her family. And to the beat of African drums your welcome embraces the excitement that occasions your arrival. And after a welcoming song and dance from your host, it's time to enjoy the day and all that comes with it.

In addition to being shown around her home, you will soon begin the first part of learning about Kenyan food, by helping to prepare and cook chapattis. Chapattis are similar to flat bread are a great Kenyan tradition and favourite. In many Kenyan families, chapattis are prepared only once a year and usually during the Xmas season. It's a great introduction to Kenyan life. You will also experience the use of biogas which provides the fuel that is produced in an energy efficient source from her farm.



The chapattis are then taken over a cup of Kenyan tea and/or coffee as a starter for the day. And during this time, Mama Carol will explain her life's journey and that of her 5 children – the achievements and the obstacles which she has navigated so far. It's a fascinating insight into the life of a citizen of Kenya women.

After this, it's time to undertake the preparation for lunch and being taught the skills of making a fresh Kenyan vegetable stew drawn from the farm veggie garden. It's an entirely organic and healthy lunch and one which is favoured by many Kenyan families (and you will be supplied with the recipe as part of your day).

One of the most fascinating aspects in the cooking of your lunch is that it is done over a 3 stone fire. That is, a traditional lunch cooked over an open fire. It's the most common form of cooking food in Kenya. It's all about cultural immersion on this day and a day which you will remember for ever as the cooking is interrupted by song and dance that is so much part of Kenya. A day which you will never forget and one which enables you to be able to make great nutritious food as memento when you get home. A memory which you can relive with your newfound Kenyan cooking skills



Building Manyattas with The Maasai

Highlights

Building Manyattas is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

Ever built a hut before?! Well, you will find out how to do just that on this tour, picking up tips from the Maasai masters themselves. You will spend the day in the beautiful Kenyan countryside, getting to know some of the friendly members as they teach you how to build manyattas; mud and thatched homesteads usually surrounding a cattle enclosure. All built by female family members.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

A traditional lunch is included on the tour, which will offer another chance to chat to your hosts and compare life stories. This is a unique opportunity to spend a day immersed with the Maasai and a cultural tour where you are part of village life and old traditional cultural practices and rituals.

Tour Itinerary

Build a home the Maasai way

Your One Horizon guide will pick you up from your hotel for a scenic hour-long journey to a Maasai village in the hills around Kiserian, a settlement in the Great Rift Valley southwest of Nairobi.

You will be introduced to the elder Maasai women who will be supervising the day's events and will also meet the women of the family whose home you will be helping to build. Over a cup of delicious Kenyan tea, they will share with you what it's like to live in a village, Maasai tribal values and how the Maasai manage their environment.



Once we're all acquainted, it's time to get stuck into your project for the day—building a manyatta. You'll be shown all the skills that are required including how to replicate the intricate weave of the branches, sticks, and thatch, and make walls and ceilings out of mud. These instructions are very special as you will see and take part in traditional home-making skills that have survived for centuries and are passed down through generations.

After also building up an appetite, enjoy a hearty lunch of local ugali, (a maize flour porridge), vegetables and fruit, eaten with your hosts, giving you more time to get to know them and find out more about their way of life and how it might compare to your own. The afternoon continues with the building of the manyattas, and while a home like this can take up to three weeks to build to wait for the materials to properly dry out, you helping the women can reduce this time significantly. Before returning to Nairobi, they will dress you in traditional Maasai-style in a red shuka cloth or 'African blanket' and you will be treated to an infectious display of singing and dancing.



The Resilient Women of Kenya

Highlights

The Resilient Women of Kenya is a cultural tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

In Maasai communities' it is a cultural tradition that women build the homes and ensure their young sons and daughters make the transition into adulthood in the traditional way. Other resilient Kenyan women include Kikuyu grandmothers who play a vital role in raising their grandchildren and extended families, and One Horizon supports a pig farm initiative to improve the livelihoods of grandmothers by empowering them through small-scale farming.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

By the end of this One Horizon day cultural tour, you'll have visited two local communities most travellers never get to see. Not only that, but you'll get to hear their stories, see how they live, and gain a greater understanding of the strength of Kenyan women.

Tour Itinerary

Meeting Maasai Women

The Maasai are proud semi-nomadic pastoral people who have age-old traditional cultural practices and rituals. Every member of the family takes on certain roles and responsibilities and it is the women that build the manyattas (homesteads), care for the children, ensure their young sons successfully make the transition from a young boy to a moran, or warrior, and their daughters are prepared for their weddings. Your One Horizon guide will pick you up from your Nairobi hotel in the morning and we go to an area known as Kiserian, the traditional homeland of the Maasai and you might catch a glimpse of herds of cows and goats being herded by the tribesmen. Here you will be invited to visit a village and meet some amazing Maasai women, and in one of the manyattas your host, partly through traditional verse and song will give insight into what being a Maasai woman means, with all its rituals and obligations. You'll also get the opportunity to try some traditional food, join in the infectious singing and dancing, and the women will show you how to make a traditional Maasai beaded wristband to take home with you as a memory of your day.



Visiting a Self-Reliant Grandmother's Farm

In the afternoon we drive you to a Kikuyu village on the outskirts of Nairobi, where Kenyan grandmas are often responsible for raising their grandchildren and others in their family when parents can no longer look after them. You meet some endearing and entrepreneurial grandmothers who are beating their generational cycle of poverty by operating their own pig farm, which is a project supported by One Horizon to improve their livelihoods by empowering them and providing an income through small-scale farming. Additionally the bio-gas system creates energy out of the waste to power their homes which means that the family no longer has to cut down trees for cooking and heating purposes. Your tour fees and visit support their training, as well as veterinary care and feed for the pigs, and this is a rare opportunity to support a grassroots social enterprise.

You will be shown around and pitch in with the chores if you like, join in some joyful singing and dancing over a cup of local tea or chai, and by sharing lots of laughter and listening to their inspirational stories, you'll get a real insight into the strength and resilience of these remarkable Kenyan women.



Mother's Day in Kenya

Highlights

Mother's Day In Kenya is a culture and community tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

Mother's Day each year in May is a big event in Kenya because mothers are highly revered in Kenyan society and they are considered as the heroes in their local communities. One Horizon holds village parties to celebrate Mother's Day and you are invited.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

It's a private event at the projects we support, so the party guests are you and your friends and a crowd of assorted mothers, grandmothers and their families.

Enjoy great food and conversation, lively singing and dancing, and if you are a mother or grandmother yourself, this is a wonderful opportunity to share many stories and much laughter.

Tour Itinerary-Opt1

Kikuyu Grandmothers

One Horizon holds a special Mother's Day party at a community of warm and welcoming Kikuyu grandmothers to celebrate their resilience in the face of great challenges and for being role models for younger Kenyans. Grandmothers become the primary caregivers when parents are unable to do so, and there are many grandmother-headed households in Kenya that care for a number of generations. But thanks to a pig-farming small business program supported by One Horizon, the grandmas earn a sustainable income to feed and keep their families together.

On this insightful day, you will be shown around the farm and help cook our delicious traditional Kenyan lunch. The grandmothers narrate their powerful stories and you join in the party with joyful singing and dancing to celebrate Mother's Day and all that they have achieved.



Tour Itinerary-Opt2

Maasai Mothers

We celebrate Mother's Day with the Maasai by hosting a party in a traditional village. The Maasai are proud semi-nomadic people who have age-old traditional cultural practices, and Maasai mothers hold a vital position as they shoulder a great deal of responsibility in day-to-day life. They also develop intense bonds with their children and nurture and develop their sons to become future warriors, or morans.

This is a fun-filled day and you will be dressed in a traditional Maasai shuka cloth or 'African blanket', make your own piece of beautifully-crafted beaded Maasai jewellery, and you help cook our delicious Kenyan lunch. Listen to their stories and ideas, join in the singing and dancing, and enjoy this Mother's Day party when the Maasai respectfully honour their strong, wise and highly-revered mothers.



International Women's Day in Kenya

Highlights

International Women's Day In Kenya is a culture and community tour in the Magical Kenya Signature Experience Collection – curated, unique, authentic and exceptional once-in-a-lifetime Kenyan travel experiences accredited by the Kenya Tourist Board (KTB)

Each year on March 8th, One Horizon celebrates this special day by holding parties for the wonderful Kenyan women at the projects we support and you are invited. This is a rare opportunity to visit remarkable groups of women who are instrumental in building new, bright and sustainable futures for themselves, their families and their communities.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day Tour

Pick Up
@ 9:00 am
from the hotel

9 Max Passengers

Drop Off
@ 4:30pm
to the hotel

There are two options to choose from; a visit to a Maasai village where the women will show you their age-old customs and their responsibilities for the family in the very patriarchal Maasai society, or a Kikuyu community where you'll see how a farming enterprise assists grandmothers to support the many generations they care for. These experiences will give you deep insight into the customs and structures of rural Kenyan family life, and the highlight is the genuine interaction with these amazing women as we applaud their achievements at our events on International Women's Day.

Tour Itinerary-Opt1

Marvellous Maasai Women

Connect with Kenya's proud Maasai women on International Women's Day in an authentic and interactive way by becoming part of the hustle and bustle of their village.

It is Maasai women who make many important family decisions and shoulder a great deal of responsibility in day-to-day life, and they build the manyatta, or family homestead, and are responsible for livestock cultivation, meal preparation, and educating their children for roles in the community.

This is a fun-filled day with singing and dancing and you will dress in a traditional Maasai shuka cloth or 'African blanket' and help cook our traditional Kenyan lunch. Our International Women's Day party celebrates the strength, courage and wisdom of Maasai women and you'll gain an understanding of how important they are in Maasai society.



Tour Itinerary-Opt2

Celebrating Kikuyu Grandmothers

Celebrate International Women's Day by meeting a Kikuyu community of endearing and entrepreneurial grandmothers at a project supported by One Horizon, which has significantly improved their livelihoods by empowering them through small-scale farming.

Many Kenyan grandmothers play a vital role in raising their extended families when parents are unable to do so, and the financial constraints are extremely challenging. But thanks to our small business program, the grandmas earn a sustainable income from pig-farming to feed their families.

On this day of fun, you'll get to know the delightful grandmas, help cook our traditional and delicious Kenyan lunch, and share much laughter and singing and dancing. On our special International Women's Day party you will get a real insight of the strength and resilience of these remarkable Kenyan grandmothers..



From Gray to Green

Highlights

Tree planting and reafforestation is the focus of the day. The loss of land and damage to ecosystems by overgrazing is nothing new.

Because landscapes, even within a small area are highly varied, the solutions are inevitably local and relevant to that area. In the hills and grasslands around Nairobi the consequence of generations of overgrazing are severe. Carrying capacities are lower, the quantity and quality of grasslands have **declined** significantly and consequently the Maasai roam further in search of adequate pastures. There are solutions but all of us have a part to play in being part of that.

What's Included

- Air conditioned hotel transfers
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- Upto 50 images and videos
- Modern toilet facilities

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

This 1-day cultural tour and eco saving experience enables all of us to play a part to reverse, over time, the impact of overgrazing and loss of grazing land and habitats for wildlife that erosion causes.

Tour Itinerary

A project that aims to plant 10,000 trees

Tree planting is the major activity of the day. In coordination with local Maasai villagers our guests will be helping to plant up to 25 trees per person to help achieve stabilisation of the land from severe erosion. And this is stage 1, where it has been anticipated that 10,000 trees will occupy the site prior to the planning of native Acacia trees found on the African savanna.

The area where the planting takes place is in a valley where, when it rains, massive amounts of water have scoured the land and left huge furrows. The herding Maasai have lost a significant amount of their land. Drainage works by the government is addressing the flow of uncontrolled water, but now it's the community's effort which is required. Planting trees will help stabilise and mitigate the loss of further lands to erosion.



The species of trees which are required has already been identified and the project will progress in stages. On a holiday experience it is unlikely that many people have the opportunity to provide support in such a practical way to an indigenous community such as the Maasai.

Helping in this endeavour will be young Maasai men and women who One Horizon has employed to dig the holes and to ensure that there is enough water to water the trees. Getting the young Maasai involved also helps build their ownership of the project at the same time as providing an income. And whilst the planting goes on, our Maasai helpers will no doubt be singing and dancing their way through the day. And when we take a break, we will retreat to the village for refreshments and some fun. And that involves demonstrations of some of the skills that the Maasai that helps them navigate their lives.



Jewellery Making and Maasai Culture

Highlights

This unique cultural tour in Kenya is conducted in a village and in a traditional Maasai home (manyatta) under the tutelage of Maasai women who support their families through making jewellery.

The Maasai community that you become part of is not a tourist attraction. It is a community that goes about its days doing what the Maasai do every day, herding animals. That's why it is one of the most intimate cultural tours which provides insights into Maasai life.

What's Included

- Air conditioned hotel transfers
- Unlimited fruit, tea, coffee and water.
- A handmade Maasai wrist band
- Upto 50 images and videos
- Modern toilet facilities

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

The mementos of this experience is in the form of bracelets, an image and video gallery provided to you and your memories will be treasured for life.

Tour Itinerary

Maasai jewellery, which is a distinctive part of the adornment of the Maasai, is an art form in terms of its colour and design. For the Maasai every colour and the arrangement of colours in jewellery has a meaning. Members of your host Maasai family and other tribe members have been skilled in the art of making jewellery by **their** parents and grandparents. It is an integral part of the life of the Maasai and they will take every opportunity to adorn themselves.

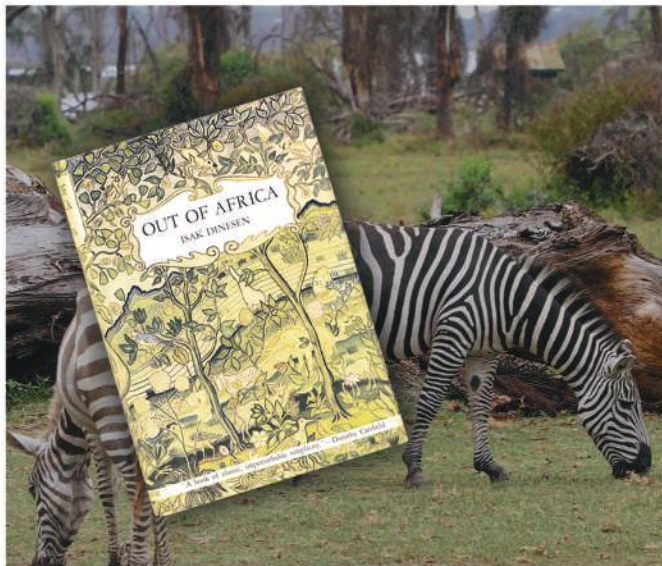
Jewellery pieces are an important aspect of the rites of passage from transitions into adulthood, to marriage proposals, dowry negotiations, birth and death. It's the vibrancy of colour and design that are the hallmarks of Maasai jewellery. And during your day at the village, you will also get to witness some of the skills of **the** Maasai from those to do with learning how to protect oneself from predatory animals that stalk their herd to the plants and herbs which they use for medicinal purposes.



It is a total cultural tour and immersion in all things Maasai.

On this cultural tour you will also see how song and dance is part of the Masai's everyday life. You will see a rich and wonderful culture that is maintaining its traditions. And with your Maasai host leading the way your day will be punctuated by the songs and dance of the Maasai.

The village is less than 60 minutes from Nairobi and in the Maasai homelands. It's a great place to take a break from bustling Nairobi and the serenity of the magnificent valley will also help refresh your energies. A master class in all things Maasai and a day you will remember forever.



The Story of Karen Blixen and Denys Finch Hatton

Highlights

As made famous in the movie *Out of Africa*.

One Horizon's until *They Meet Again* experience embodies the colonial history, themes and locations that capture a snapshot of the story of Karen Blixen's life in British East Africa (now known as Kenya). Karen Blixen's love affair with Kenya was captured in her autobiographical **published** in 1937 and made famous by the movie *Out of Africa* that was filmed in Kenya in the mid 1980's. This tour captures the essence of those colonial times and a romantic era for Africa which captured the attention of the world. It provides a vivid snapshot of African colonial life in the last decades of the British Empire.

What's Included

- Air conditioned hotel transfers
- Unlimited fruit, tea, coffee & water.
- A personal guide who is also your driver and One Horizon staff members each day
- Upto 150 images and videos
- Modern toilet facilities

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

1 Day

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Visiting Karen Blixen's Home

The home of Karen Blixen was the centre and one of the largest coffee plantations of its era in Kenya. Her home in the suburb that carries her name, is now a museum showcasing her life. The original property covered 6,000 acres (2,400 ha) of land: 600 acres (240 ha) were used for a coffee plantation, 3,400 acres (1,400 ha) were used by the natives for grazing, and 2,000 acres (810 ha) of virgin forest were left untouched.

Karen and her husband became convinced that coffee would be profitable.] The Karen Coffee Company was established by their uncle, Aage Westerholz, who chose the name after his daughter Karen, Blixen's cousin, rather than to create an association with Karen Blixen. The coffee plantation was untimely unsuccessful and as Karen's marriage crumbled, she ultimately took over the management of the plantation.

Talented and Passionate

Karen Blixen was an internationally acclaimed author whose pen name was Isak Dinesen and who chronicled her 17 years in Kenya in her autobiographical book, *Out of Africa* (published in 1937). She had spent from 1914 to 1931 in British East Africa and her story was made famous in the same named movie over 50 years later.

Karen Blixen was a Baroness who gained the title after marrying Baron Bror Blixen-Finecke in Mombasa in 1914. She was nominated for a Noble Prize in Literature several times. Two of her books *Babette's Feast* and *Out of Africa* were made into Hollywood movies to critical acclaim. She was also a very well-known and talented artist as well.

Karen left Kenya in 1931 not long after dealing with the loss of her lover Denys but also the failure of her coffee plantation. She remained inexplicably linked to the country and the Ngong Hills. As a recent commentary states "Karen's unbearable longing for Africa, her farm and her employees never faltered through all the long years since. In a letter to her mother, she wrote: 'I have a feeling that wherever I may be in the future, I will be wondering whether there is rain at Ngong.'

On the 7th of September 1962: Karen Blixen died after a long illness at her family home in Denmark. And quoting from Nicky Fitzgerald, "All she owned of Africa, a handful of earth she'd brought back with her to Denmark in a little wooden box, was mixed with the soil of Rungstedlund in her grave. The unadorned tombstone of Isak Dinesen, the world-famous author, is inscribed simply 'Karen Blixen.' It was one of the most moving places I have ever visited".





Visiting The Resting Place of Denys Finch Hatton Bound to Denys for Eternity

In a letter to her brother Thomas in 1924, Karen Blixen wrote: "I believe that for all time and eternity I am bound to Denys, to love the ground he walks upon, to be happy beyond words when he is here, and to suffer worse than death many times when he leaves..." Denys Finch Hatton was a big game hunter and entrepreneur, who flew his own plane and had a reputation for an adventurous and daring life. He was the epitome of the colonial period. And he was flying his plane when it crashed in Voi near Mombasa. The manner of his death only added to his reputation as an adventurer with a great jest for life. He had expressed a desire to be buried in the same place that Karen had planned for herself in the Ngong Hills. It was Karen Blixen who organised his burial.

Karen Blixen and Denys Finch Hatton had been part of a group of ex-pats known for their wealth and lifestyle. They merely epitomised a period when East Africa was the playground for royalty, titled and wealthy. It offered an escape or as Karen Blixen wrote, "Here at long last one was in a position not to give a damn for all conventions, here was a new kind of freedom which until then one had only found in dreams"! Denys Finch Hatton had come from a titled English family and the current titles continue in his family to this day. On the 14th of May 1931, Denys perished in an air crash and is buried, as he wished, in the Ngong Hills. Karen Blixen had him interred at their 'special place'.



The Final Resting Place

As Karen noted in her biography "There was a place in the Hills, on the first ridge in the Game Reserve, that I, myself at the time when I thought that I was to live and die in Africa, had pointed out to Denys as my future burial-place. In the evening, while we sat and looked at the hills from my house, he remarked that then he would like to be buried there himself as well. Since then, sometimes when we drove out in the hills, Denys had said: "Let us drive as far as our graves."

In 1974 his British family erected the obelisk in his memory and visit Kenya regularly – honouring their son, brother, and uncle.



Visiting Ngong Hills Which Karen Loved

Ngong Hills, which Karen's coffee plantation skirted, was a source of great pleasure for Karen Blixen as well as Denys Finch Hatton.

The Ngong Hills is an area of great beauty and it was a place that she retreated to often. It was a source of inspiration to Karen Blixen because of its sheer beauty and the diversity of its flora and fauna. And it was the place that she chose, and which was supposed to be, her final resting place. Denys Finch Hatton also endorsed the same place to be with Karen. The magnificent vistas dominate the landscape as much today as they did in Karen and Denys's day.

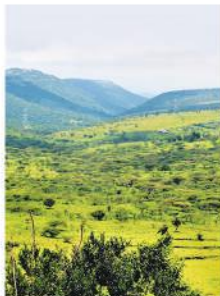
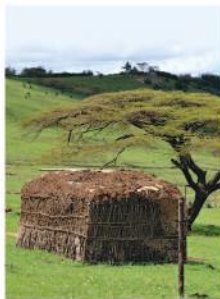
And on this excursion, we take you to the peak of the Ngong Hills to stand in the same place where Karen stood and to see the same amazing valley's and hills that she loved so much. You will be as inspired as Karen was. And it's also a photo opportunity to recreate the same amazing scenes that were so beautifully captured in the movie. A lifetime memory!

Visiting A Maasai Elder Who Became an Extra Hollywood Comes To Ngong Hills

Less than 20 minutes from the vista which you will enjoy is an adjacent valley that is part of the Ngong Hills. It is another magical place of extreme beauty but where acacia trees dominate in a traditional African landscape.

Driving through the foothills our destination is to meet up with a Maasai elder who was in several scenes that were shot for the film. The arrival of Hollywood, with all the supporting crew and activity involved many of the locals. And the scenes were shot less than 1000 yards from where your Maasai hosts live. A picturesque valley that epitomises the beauty of Africa.

Your Maasai host was, at the time, not aware of such things as movies, let alone the industry of acting and Hollywood. But remembering the support crew and stars that interacted with the local Maasai stands out in his memory. Your host will tell you fascinating stories of his interaction with the stars. And he became, unknowingly, an extra in a movie that became known for its incredible depiction of the beauty of Africa.





ONE HORIZON
holidays that change lives

SAFARIS, BEACH AND COMMUNITY TOURS



A Safari, Beach and Community Experience

Highlights

This 11 day /10 night experience covers the diversity of Kenya from its incredible people in communities in and around Nairobi, to an amazing wildlife safari in the Masai Mara. And to cap off a journey you will remember for life, 4 days will be spent at Diani beach on the south coast.

What's Included

- Light lunch
- Unlimited fruit, tea, coffee and water
- Air-conditioned car transfers
- One Horizon staff with you every step of the way.
- Flight tickets
- Game drives in the Mara
- Services of an English-speaking driver guide in the Mara
- Airport transfers

What's Excluded

- Alcoholic drinks

Blackout Days

- Easter Friday
- Xmas Day

11 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

A place where the warm waters of the Indian Ocean will help you recharge your batteries before you head home.

Tour Itinerary

Day 1

Flying to the Masai Mara & Ashnil Mara Camp

Mid-morning, you will head for the 45-minute flight to the Masai Mara and the incredible camp ASHNIL MARA. Ashnil Mara Camp, with 50 luxury tents, is in the Masai Mara National Reserve. The luxury Masai Mara camp is arguably in one of the very best positions in the Masai Mara for game viewing and also provides the perfect setting to relax at the end of an exciting day of game drives.



Day 2 – 3

The game drive experiences will delight you as your guide will take you to the places that game frequent. The bush telegraph between the drivers is amazing and they alert each other to where the game is all happening.

4 days/3 nights of Social Purpose – Local Community Adventures

Day 4

Maasai Life - The life and Times of the Villagers

You will venture into rural Maasai country where you will meet a family and immerse yourself in the midst of the daily hustle and bustle of Maasai village life. Your host will be one of the village elders, an heir to his clan, and you will meet his wife and children too. Learn about their traditional rites of passage while also discovering the intricacies of the Maasai family structure



Day 5

Grandmothers and their Pigs are Changing the Future

You will visit another local community to meet some of entrepreneurial Kenyan grandmothers who play a vital role in raising their grandchildren. You can sit with the grandmothers and listen to their powerful stories of how they broke the cycle of poverty.

Day 6

Helping at a Soup Kitchen

Today you will visit a centre on the outskirts of Nairobi which provides children with a regular meal each day. You lend a hand by helping to prepare and distribute nutritious food and will witness firsthand how communities work together to help the hungry and most vulnerable.

Day 7

New Beginnings for some Incredible Women

You will spend the day with some amazing Kenyan women who have managed to overcome the most difficult challenges that life can bring. You will visit a Women's Empowerment Centre where local women undertake a program that teaches them lifestyle, trade and entrepreneurial skills so they can set up their own businesses.





3 Days/3 Nights at Diani Beach

Days 8 - 10

After settling into your room, you will probably feel like enjoying the beach of any or any of the 5 pools at the resort. Or grabbing a pizza or refreshing drink from the pool side cafes. You can also choose activities from either swimming, windsurfing, kitesurfing, jet skiing or snorkelling. Or a boat ride out to the reef to see the fish feeding is always great fun.

Day 11

You will be picked up from the resort and taken to the local airport for your flight back to Nairobi and the end of your vacation.





Walking Safari and Communities Tour

Highlights

This fascinating One Horizon 8-day cultural and wildlife tour will appeal to anyone that wants to both meet and help Kenyan people in grassroots social enterprises, and go on a safari in a sustainable way at a conservancy where wildlife flourishes and communities thrive.

It offers an authentic safari experience for all guests from multi-generational families to older couples and activities can be as easy or energetic as you like.

What's Included

- Air conditioned hotel transfers
- A light lunch
- Unlimited fruit, tea, coffee and water.
- A handmade Masai wrist band
- One Horizon staff with you every step of the way.

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

8 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Nairobi to Laikipia

On the first morning of this tour we pick you up from your Nairobi hotel and transfer you to Wilson Airport for the 45-minute flight to Nanyuki, which is a small town in the scenic foothills of magnificent snow-capped Mount Kenya. We then arrive at our comfortable camp in eastern Laikipia, about a two-hour drive north of Nanyuki, which is your home for the next four nights. Laikipia lies northeast of the Great Rift Valley and is a vast high plateau where landowners and conservationists have created a special place for communities and wildlife to coexist, and it is recognised as one of Kenya's best safari regions.

Our peaceful camp looks westward toward a series of granite kopjes (outcrops of rock), and in the foreground you might see zebra, giraffe and antelope on the open grasslands. The camp features six lovely and spacious walk-in traditional safari tents decorated with colourful African furnishings and fabrics, and our home-cooked food is always varied, fresh and tasty. In the evenings we have drinks, or sundowners, overlooking the bush or by the fire and three-course dinners under the stars.



Day 2 – 4

Laikipia

Away from roads and vehicles, guests have a unique opportunity to take leisurely walking safaris around the camp and conservancy and take in the wide-open spaces and wildlife that Laikipia is famed for. These might include eland, hartebeest, steenbok, giraffe, Grevy's zebra and buffalo and lucky visitors may even see spot elephants, lions and wild dogs. Each walking safari is tailor-made to suit the guests' abilities and you walk for as long as you feel comfortable, and you will also be accompanied by camels that carry your heavier cameras, refreshments and day-packs.

You will also learn about the local ecosystems and traditions from the Laikipia Samburu and Maasai guides. Or, if you prefer, stay at camp and let the wildlife come to you, and there are wonderful views across the plains from your tent and a salt lick right beside the camp. Other activities include game-viewing by vehicle along the Ewaso Ng'iro River, which is an excellent spot to watch elephants and other animals come to drink, rock-climbing in the kopjes, and as the area has a very rich traditional culture, there's the option to visit a local market where all the warriors and women come dressed in their finest adornments.



Day 5

Laikipia – Nairobi

After breakfast and a hearty goodbye from the camp team, enjoy the last drive in Laikipia back to the airport at Nanyuki, and after your flight arrive at your Nairobi hotel in the early evening. This will be your base for the next three nights to go on three inspiring day trips to meet some remarkable communities in the rural areas around Nairobi. Tonight, and on the next two nights, we enjoy dinner at a restaurant the locals love in Nairobi – we always choose somewhere interesting to eat and have lots of fun and it's a great opportunity to discuss and ask us all the questions that come to mind about the various communities and projects we visit.





Day 6

Women's Empowerment Centre

Today we visit the Women's Empowerment Centre in a developing area in the west of Nairobi, which is one of the worthwhile projects One Horizon supports. It was started by Mary a social worker, who developed a program to help struggling mothers by teaching them lifestyle, trade, and entrepreneurial skills so they can set up their own businesses. The results have been phenomenal as the mothers are able to transform into independent business owners and community leaders, and crucially support and keep their families together. Spend time with Mary to learn about her vision and meet some of the proud and resourceful women. The experience will show you how teaching empowerment and skills can lift people out of poverty.

Day 7

Kikuyu Grandmothers

There are many grandmother-headed households in Kenya who care for their grandchildren among other generations of their family in difficult economic circumstances. Today you visit a rural Kikuyu community of delightful and resourceful grandmothers who will show you their pig-farming operation.

This is another project that One Horizon supports, and the initiative aims at improving the livelihoods of the grandmothers by economically empowering them through small-scale farming. Sit down with the grandmothers while they cook traditional meals for their families, enjoy some joyful singing and dancing, and listen to them narrate their powerful stories about progress and resilience.

Day 8

Maasai Village

Today we venture into rural Maasai country where you will meet a family and immerse yourself in the midst of the daily hustle and bustle of village life. Your host will be one of the village elders, an heir to his clan, who will take you on a tour to explain how the Maasai have managed these precious lands for centuries. The women will offer to dress you in traditional Maasai shuka cloth or 'African blanket', and the young men, or morans, will explain what it's like being a warrior in Maasai society and show you how to throw a traditional spear and the techniques needed to survive in the bush. There will be singing and dancing, which might include the extraordinary jumping dance, or 'adumu' which is how Maasai warriors demonstrate their prowess.

After an exciting final day on this 8-day Kenyan Communities and Wildlife Conservation tour, we return to Nairobi where the tour ends.

Please Note: This 8-day tour can equally operate in reverse if you so choose – the three-day community visits can be first, followed by the return flight to Nanyuki and the four-day safari in Laikipia.





Ololo Wildlife and Community

Highlights

This varied 5-day tour combines visits to One Horizon's community-driven projects with wonderful wildlife-watching, relaxing accommodation and delicious food at Ololo Safari Lodge & Farm overlooking Nairobi National Park.

Join One Horizon for four nights at Ololo Safari Lodge & Farm, located in pristine bush right on the boundary of the renowned Nairobi National Park. Relax in excellent safari-style accommodation, eat delicious home-grown organic food, and enjoy a number of thrilling game drives.

What's Included

- Full board (including alcoholic beverages)
- All game drives with guide
- All park and other entry fees
- 3 x additional excursions
- Return transfers from JKIA

What's Excluded

- Gratuities (Optional)

Blackout Days

- Easter Friday
- Xmas Day

5 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

This tour is ideal for those who have a limited time in Nairobi but still want to see amazing wildlife and there is the added privilege of meeting Kenya's extraordinarily friendly people in their own communities.

Main House Suite (Terrace)

This spacious suite has a traditional living area with armchairs and an open fireplace, colonial furnishings, artworks, flowers from our garden and a marble bathroom with a classic roll-top bath. The suite's private terrace is a cool and tranquil space to relax, or a setting for a romantic private dinner.

Main House Suite (Tower)

Located in a stone-clad tower with a balcony and a private rooftop terrace, the Tower Room has extensive views right across the park, and to the famed Ngong Hills. This contemporary suite is light and airy and furnished with pieces of furniture made by our clever fundi carpenters, in the Ololo workshop.

Tented Cottage

Ololo's three tented cottages provide guests with a bush experience, sleeping under a traditional makuti thatch roof, with canvas and stone walls. These safari-style king-sized rooms are nestled amongst Ololo's gardens with its shady acacia trees. All have private terraces that overlook the national park.

Stable Cottage - Min 4 persons (Sleeps 6, 2 Bathrooms)

This delightful three-bedroom cottage was once the farm's hay shed. Now featuring modern, light-filled interiors the Stable Cottage sleeps a maximum of six guests, has two bathrooms, a kitchen, and a large outdoor terrace. The cottage is perfect for families, groups, or extended stays.

The Family Wing (Sleeps 5)

Ololo's Family Wing overlooks the Nairobi National Park with a private sunny stone terrace and potted leafy plants. Upstairs is a king-sized bedroom in a cosy mezzanine area, with a delightful en-suite bathroom and an old classic bath under makuti thatch. Downstairs is a family area and sleeping space with a second bathroom and kitchenette. The Family Wing comfortably sleeps five people.

The Old Stable (6 Rooms)

The original stone-walled stables of the property once housed the horses of the Ololo farm. The Stable Rooms have ensuite bathrooms and small pergola covered terraces at the front of the building. These charming rooms are popular with guests traveling as a group or for family members who wish to be accommodated close to each other.



Tour Itinerary

Day 1

Nairobi-Ololo Safari Lodge & Farm

Today you will be picked up from your Nairobi hotel, or from Jomo Kenyatta International Airport or Wilson Airport, and transferred to Ololo Safari Lodge & Farm located just outside the southern boundary of Nairobi National Park. Originally an old Kenyan homestead and now owned by an Australian farming family, Ololo is an ideal partner for One Horizon as we share the same values, and the lodge promotes eco-friendly principles, protects local wildlife populations, farms using organic and sustainable methods, and supports the social and economic welfare of its staff and local communities. The lodge boasts a tranquil garden setting on the Mbagathi River where you can watch animals come down to drink and enjoy breath-taking views over the park and distant Ngong Hills. Individually decorated rooms are in the old farmstead, former stables or tented cottages, and there's a refreshing swimming pool, atmospheric fire-pit in the garden, and guest lounge in the thatched farmhouse with open fireplace, wine cellar and library. On your first evening, enjoy dinner on the restaurant's open-air terrace which serves a delicious menu of organic seasonal ingredients and vegetables from the farm.



Day 2

Early morning game drive-Sheldrick Wildlife Trust elephant orphanage-Ololo farm tour

Ololo Safari Lodge & Farm borders the 117-sq-km Nairobi National Park and this morning you'll go on your first early morning game drive to view Kenya's spectacular wildlife. It's the world's only national park that shares a boundary with a bustling capital city and features diverse landscapes ranging from broad savannah grasslands to pockets of riverine woodlands and dramatic rocky gorges. It's home to over 100 species of mammals including a large population of black and white rhino, Cape buffalo, giraffe, lion, leopard, hyena, zebra, jackal, and antelope such as eland, hartebeest and impala.

After an exciting game drive, it's back to Ololo for a hearty breakfast. The lodge prides itself on serving excellent farm-to-table food and your plate will be filled with fresh produce; eggs, mushrooms, milk and yoghurt, fruit and vegetables are all produced using organic farming practices. Then there will be a late morning visit to the nearby Sheldrick Wildlife Trust that also occupies a site on the edge of Nairobi National Park. This pioneering elephant orphanage was founded in 1977 by Daphne Sheldrick in memory of her husband and naturalist David Sheldrick, and today the trust is the most successful baby elephant rescue and rehabilitation programme in the world. Your time here watching the adorable and endearing young calves come out for their morning play and bath time will be unforgettable, and the keepers will explain their individual stories and more about the challenges elephants are exposed to in Kenya.

Returning from the Sheldrick Trust, enjoy a delicious lunch at Ololo and then while away the afternoon relaxing on the terrace or open lounge with a drink.



Alternatively go on an interesting farm tour to wander through the shambas and orchards and visit the free-range livestock, and children will especially enjoy the farmyard animals. Ololo is proud of its sustainable techniques such as water-recycling, composting systems, production of natural fertilizer, and all its farm produce has been awarded wholly organic by the Kenya Organic Agriculture Network (KOAN). An additional game drive in Nairobi National Park can be arranged in the late afternoon if you wish, followed by another scrumptious dinner of food you perhaps have just seen growing on the farm on your tour.

Day 3

Early morning game drive-Maasai village excursion

Lying only 7-km away from the city centre, Nairobi National Park is fenced along its northern perimeter but is open to the south along the Embakasi and Athi rivers allowing migrating herds, and the predators that follow them, to come and go freely. On today's early morning game drive, you'll be able to photograph the unique sight of herds of zebra, giraffe and antelope peacefully grazing on the open grassy plains studded with flat-topped acacia trees with a view of Nairobi's skyscrapers on the horizon.



After breakfast back at Ololo Safari Lodge, we spend the rest of the day connecting with Kenya's proud Maasai people in an authentic and interactive way by becoming part of the hustle and bustle of Maasai village life. Having maintained a semi-nomadic way of life on their communal lands for centuries, the Maasai are well-known for their distinctive dress, valued customs and unique social and family structures, which include rites of passage and revered respect for elders. This fun and insightful day starts with a song and dance welcome where the wife of a village elder will offer to dress you in traditional Maasai shuka cloth or 'African blanket', then you'll take part in the rituals of the young warriors, perform daily tasks with the women, and sit with the villagers as they share their stories and folklore while the women teach you how to make some traditional decorative beaded jewellery; you can also purchase Maasai jewellery and curios produced by the villagers. Lunch is a delightful picnic basket prepared by Ololo Safari Lodge, and after the Maasai village excursion is another opportunity to go on a late afternoon game drive in Nairobi National Park. Then later dine under the trees or on the terrace, or on cooler nights, inside with small braziers (jikos) keeping you warm and cosy.



Day 4

Early morning game drive-Go Granny Go! Excursion to a Kikuyu village

The first couple of hours after dawn are always best for game-viewing, and on today's early morning drive in Nairobi National Park, as well as the large animals, keep eyes peeled for the more than 520 species of endemic and migratory birds-the highest number recorded than any other park in Kenya. Notable birds include the kori bustard, secretary bird, Maasai ostrich, and the park is well known as a habitat for falcons, eagles and other large birds of prey. In the dams, ponds and rivers, Nile crocodiles and hippos are present too.

After breakfast at Ololo you will visit a project that is turning around the lives of grandmas in a Kikuyu community. We at One Horizon call it the 'Go Granny Go!' tour as you meet some engaging and entrepreneurial grandmothers who are beating their generational cycle of poverty.





Many Kenyan grandmothers play a vital role in raising their grandchildren and extended families, and you'll visit a pig farm, which is a project supported by One Horizon and travellers like yourself to improve the livelihoods of grandmothers by empowering them through small-scale farming. They invite you to assist with farming activities, join in some joyful singing and dancing over a cup of local tea or chai, and by sharing lots of laughter and listening to their inspirational stories, you'll get a real insight into the strength and resilience of these remarkable Kenyan women.

On the way back to Ololo Safari Lodge and Farm, we stop in the watershed ridge of the Ngong Hills just outside the city. Enjoy the broad views over Maasai country and another delicious picnic basket lunch prepared by the chefs at Ololo, and once again you'll appreciate the quality, freshness and healthiness of the lodge's food.

On the final afternoon there's be time to relax by the pool or in the open lounge and peacefully watch the passing herds of wildlife across the Mbagathi River in Nairobi National Park. Or perhaps indulge in an invigorating massage (optional extra) or another late afternoon game drive before dinner.

Day 5

Ololo Safari Lodge & Farm-Nairobi

This morning over a last home-cooked leisurely breakfast on the terrace, reflect on the experiences of the last few days-not only have you seen Kenya's amazing wildlife, but met some truly inspirational people that are making a real difference in their communities. We transfer you to your central Nairobi hotel or Jomo Kenyatta International Airport or Wilson Airport for your onward journey.





A Wildlife Safaris in the Maasai Mara

Highlights

This 4 days/3 night experience embraces all that is exciting about wildlife safaris in Kenya.

The Maasai Mara is the doyen of all Kenya’s wildlife areas has the greatest diversity of wildlife able to be seen in Africa.

What’s Included

- 3 nights’ accommodation at
- Ashnil Mara luxury Camp – meals on full board
- Flight tickets Nairobi – Mara – Nairobi
- Game drives in the Mara
- Services of an English-speaking driver guide in the Mara
- Airport transfers in the Mara

Blackout Days

- Easter Friday
- Xmas Day

4 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Flying to the Masai Mara & Ashnil Mara Camp

Mid-morning, you will head off to the Airport for the 45-minute flight to the Masai Mara and the incredible camp ASHNIL MARA.

Ashnil Mara Camp, with 50 luxury tents, is in the Masai Mara National Reserve and close to the Mara River, famous for the wildebeest migration.

The luxury Masai Mara camp is arguably in one of the very best positions in the Masai Mara for game viewing and also provides the perfect setting to sit and relax at the end of an exciting day of game drives.

But as soon as you have arrived and settled in, its off on a game drive and some of the most exciting wildlife viewing accompanied by your driver/guide who can provide every detail about the wildlife you will see.

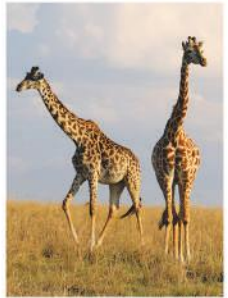


Day 2 - 3

The game drive experiences will delight you as your guide will take you to the places that game frequent.

The bush telegraph between the drivers is amazing and they alert each other to where the game is all happening.

And whether you 'game it' all day or for just an hour or so, ASHNIL camp welcomes you back each day. With a great pool and delicious food, it is an incredible experience in every way and it's the ultimate retreat. A place to reflect on the day's activities and what you have seen.



Day 4

Returning to Nairobi

On Day 4 its up early for your last game drive before heading to the airport en-route to Nairobi.





A Beach Retreat

Highlights

These 4 days/3 night experiences at Baobab Resort on the south coast at Diani will be something that you never forget. And we can almost guarantee that this will be a place that you will retreat to more than once when you come to Kenya. Refreshing and invigorating are the hallmarks of this resort and its location. A place where the warm waters of the Indian Ocean that lap the resort will help you recharge your batteries.

What's Included

- 3nights' accommodation at
- Baobab Resort in Diani – all meals on full board
- Flight tickets Nairobi –Diani – Nairobi
- Return hotel transfers in Diani to Baobab Resort

What's Excluded

- Alcoholic drinks not included

Blackout Days

- Easter Friday
- Xmas Day

4 Days
Tour

9 Max
Passengers

Pick Up
@ 9:00 am
from the hotel

Drop Off
@ 4:30pm
to the hotel

Tour Itinerary

Day 1

In the morning you will depart JKIA for your short flight to Ikunda Airport for you flight to Diani beach and Baobab Resort.

Upon arrival you will be met at the airstrip and transferred to Baobab Resort after a 10-minute drive. After settling into your room, you will no doubt be ready for a refreshing swim either at the beach or in any of the 5 pools at the resort. It's yours to explore.

Grabbing a pizza or a refreshing drink from the pool side cafes may also be in your thoughts or retreating to the resorts restaurants for lunch or dinner is also another option. All this is included in your tariff. If you are particularly adventurous you can also choose activities from either windsurfing, kitesurfing, jet skiing or snorkelling. Or why not take a boat ride out to the reef to see the fish feeding and to go for a swim? It's always great fun.



Day 2 – 3

The idyllic pace of Baobab Resort is only interrupted by your energy levels.

Day 2 and 3 offers more of what this outstanding resort has to offer. There is beach volleyball, an impromptu dance class, a water polo competition, volleyball, and pool aerobics. Activities are conducted each and every day. Or why not take a jog around this expansive resort – fresh air, magical views and getting fit at the same time?

Your only interruption to your day is to target the restaurants for breakfast, lunch or dinner or the snacks which are available from the pool side bars.



Day 4

There's always plenty of time to get in that last minute swim prior to your departure and to enjoy every minute of the day before you leave.

You will be picked up from the resort at an agreed time and taken to the local Ikunda airstrip for your flight back to Nairobi and the end of 4 incredible days.





ONE HORIZON
holidays that change lives



WHEELCHAIR ACCESSIBLE KENYAN TOURS



Experience Kenya

Highlights

Our Experience Kenya tour combines some great wildlife experiences as well as meeting the real gems of Kenya, its people. From a wildlife safari in Nairobi National Park, to an elephant orphanage and center for giraffes. And with a social purpose to community excursions meeting a whole cross section of Kenyans. A totally magical, moving and inspiring vacation on your Experience Kenya.

What's Included

- 9 nights accommodation at the Tamarind Tree Hotel
- Wildlife safari (inclusive of national park entry fees and guides)
- All breakfasts, lunch and dinners each day and tea/coffee/water
- All entry fees for all excursions and venues (as per itinerary)
- Return transfers from and to JKIA
- Transfers in air condition vehicles
- Internet access in hotel as well as in vehicles

What's Excluded

- International Airfares

Blackout Days

- Easter Friday
- Xmas Day

9 Days

Tour

9 Max

Passengers

Pick Up

@ 9:00 am
from the hotel

Drop Off

@ 4:30pm
to the hotel

Tour Itinerary

Day 1

Arrival, Transfers and Resting Up

You are met when you embark from your flight at JKIA and transferred to your hotel by your One Horizon driver where he/she will facilitate check in.

Day 2

A wildlife safari in Nairobi National Park (6 – 9 am)

The park is located right next to and within the Nairobi city region. Nairobi National Park does not disappoint with predators including lion, leopard, cheetah, and hyena. Other large mammal species include buffalo, black rhino, baboon, eland, gazelle, hartebeest, hippopotamus, impala, giraffe, wildebeest, and waterbuck. There is an abundance of bird species with the vulture and ostrich being two of the larger or more intriguing species.

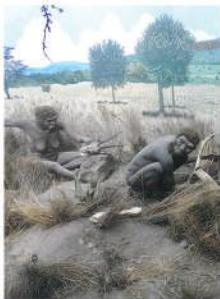


Breakfast at Tamarind Tree (10 am)

We return to Tamarind Tree for breakfast after your safari

The National Museum of Kenya (1 – 3 PM)

The Institution of National Museums of Kenya is anchored on four pillars notably culture, history, arts and nature. The newly constructed Nairobi National Museum is next door to the Tamarind Tree hotel. It has the following permanent galleries: The Cradle of humankind gallery; The Story of mammals; The History of Kenya; Cycles of Life Gallery; Numismatic exhibition and Asian African Heritage exhibition galleries respectively.



Day 3

Grandmothers and Their Pigs (10.30 – 2pm)

Today you will visit a local community to meet some of the endearing and entrepreneurial Kenyan grandmothers who play a vital role in raising their grandchildren and providing a home to many generations in their family.

You will visit one of the grandmother's pig farms and discover how their small business is helping support their families. And you will hear stories of their life's journey which are inspirational and uplifting.

Day 4

Elephant Orphanage (11 am – 12 am)

The Sheldrick Wildlife Trust is renowned for its work rescuing and rehabilitating orphaned baby elephants. From 11am to 12pm, you will spend an unforgettable hour with the nursery herd. Keepers are on-hand to introduce you to each of the elephants, sharing their unique rescue stories and explaining the threats facing elephants.

Lunch at Galleria Shopping Center (1-2 pm)

After your visit to the elephant orphanage, we stop at one of Nairobi's most vibrant shopping centres for lunch at Art Caffe. Art Caffe has an international menu and there is something for everybody.

The Giraffe Centre (3.00 – 4.00 pm)

The Giraffe Centre is a Kenyan non-profit organisation. Its main purpose is to educate people on Kenya's wildlife and environment.





Day 5

One Horizon's Women Centre (11 -1pm)

You will spend a half day visit on your community adventure with some amazing Kenyan women who have managed to overcome the most difficult challenges that life can bring.

You will visit a Women's Empowerment Centre where local women in the area undertake an 18-month program that teaches them lifestyle, trade and entrepreneurial skills so they can set up their own businesses.

Scenic Lookout (1.30 – 3pm)

From the Women's Center we will head the short distance to the most amazing views over Nairobi and the Rift Valley. The lookout is also the site of Kenya's only working wind farm and the touring wind turbines provide energy to the local community.

Day 6

Mamba Village – Nairobi's Crocodile Farm (10.15 – 11.30am)

The name Mamba is Swahili for Crocodile. This is home to around 70 Nile crocodiles that are known to be the largest of the crocodile species and the most dangerous. There are five crocodile pens in the farm.

Kazuri Beads (12.00 – 1 pm)

Kazuri beads is a fair trade success story in Nairobi that dates back to 1975, when it was founded. Kazuri was the brainchild of Lady Susan Wood. She began with two local women who made ceramic beads by hand – the word "kazuri" means "small and beautiful" in Swahili. Today, Kazuri employs more than 300 women.

Day 7

Lake Naivasha and Sopa Lodge (10am – 3 pm)

Sopa resort is not only home to resident giraffe, waterbuck and both Vervet and Colobus monkeys, but it is also a night stop for the hippos when they leave the lake every night to come and trim the grass on the lodge's expansive lawns. After a great lunch at the lodge, it's then time to take in the wildlife that call the lodge home.

Day 8

All Things Maasai (11am – 2pm)

Today you will venture into rural Maasai country where you will meet a Maasai family and immerse yourself in the midst of the daily hustle and bustle of Maasai village life. And for some of your time at the village you will be seated with the family in their manyatta (a mud home built by the women).

You will learn about their traditional rites of passage while also discovering the intricacies of the Maasai family structure.

Day 9

Helping at a Soup Kitchen (10.30 – 1pm)

Today you will visit a children's centre on the outskirts of Nairobi which provides the children with their only regular meal each day. You lend a hand by helping to prepare and distribute nutritious food, and will witness firsthand how communities work together to help the hungry and most vulnerable.

